



NCC Cadets of 4 J&K BN of GDC Kathua participated in Intercollegiate Debate Competition on the topic Drug Addiction on 9/04/2023.



Cadets of 4 J&K BN NCC of GDC Kathua presented guard of honor to GOC on his retirement in Sainik School, Nagrota on 17/04/2023.



NCC GDC Kathua organizes Poster Making & Essay Writing Competition



TOP NEWS REPORT

KATHUA, Jun 4: NCC Cadets of 4 J & K BN of Government Degree College Kathua Organised Poster Making and Essay Writing Competition on 03/05/2023 on the theme Plastic Free India, Bad Effects of Plastic and Plastic Ban for Future.

The Activities were conducted under the Aegis of Puneet Sagar Abhiyan and World Environment Day. A Total Number of 20 Cadets were participated in the event. Cadet Lucky Jasrotia stood first, Cadet Kartik Majotra stood Second and Third place bagged by Cadet Akshya.

The Principal of the College Prof Seema Mir was the Chief Guest on the Occasion. She felicitated the winners of the Competition.

In her address she said that NCC Cadets of GDC Kathua always shows their active participation in all the activities. She added that the littering of plastics in open spaces creates unhygienic conditions, as it acts as a breeding ground for insects and mos-

quitoes that cause diseases like malaria and dengue. Plastics do not undergo degradation, thus, stay in the soil for many years, which affects soil fertility and degrades the soil quality. She also added that When plastic artefacts enter the drainage and sewerage system, they block the pipes and the drains causing waterlogging. She said that there are primarily three ways of managing plastics: Reduce, Reuse, Recycle Plastic.

She advocated that it is the responsibility of all the members of the Society to Keep their surroundings Plastic Free. She also advised the NCC Cadets that they should spread the message of Plastic Free India in every nook and corner of the society. She applauded the efforts of ANO of the unit Dr Verinder Singh for his tireless efforts in conducting the massive drive for making plastic free India.

Others who present on the occasion were senior Faculty Member Prof Raj Kiran, Dr Rachana ANO Girls Wing and Dr Amrik Singh ANO Naval Wing.

NCC Cadets of 4 J&K BN of GDC Kathua organized Poster making competition on the theme Plastic Free India on 3/05/2023.



NCC Cadets of 4th J&K BN of GDC Kathua participated in Plastic Free Forest Campaign launched by Forest Department of Kathua on 08/05/2023.



Cadets of 4 J&K BN of GDC Kathua created awareness among the locals of Kathua town regarding the Plastic Free India and its bad effects.



JUO Jattin Singh cadet of GDC Kathua felicitated by the Administration of Kathua for attending PM Rally of Republic Day Camp 2023 held at New Delhi.



ीसी ने मिशन इंद्रधनुष **5.0 के दूसरे** दौर का अभियान किया



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मिशन इंद्रधनुष ५ . 0 के दूसरे दौर के अभियान के तहत आयोजित जागरूकता रैली में भाग लेते एनसीसी कैडेट्स। (अर्जुन शर्मा)

कठुआ में जागरूकता रैली निकालकर अपने अभियान की शुरुआत की। रैली का उद्देश्य आम जनता के बीच टीकाकरण से संबंधित झझिक, मिथकों और वर्जनाओं सहित बाधाओं को दुर करना है। उन्होंने टीकाकरण के महत्व के समर्थन में नारा लगाया। कैडेटों ने प्रवासी मजदुरों की झुग्गी बस्ती में घर-घर जाकर रैली भी निकाली, जहां उन्होंने गर्भवती महिलाओं और 5 वर्ष से कम उम्र के बच्चों के टीकाकरण की आवश्यकता के बारे में महिलाओं के बीच जागरूकता अभियान चलाया।

अपने अधि बताया कि योग्य बीमा जा रहा है. पोलियो. र बी का गंभी कारण होने बी और रोत इस अवस थे। पूरी गरि वेरिंदर सिंह प्रोफैसर सी की गई।

NCC Cadets participated in Rally under Mission Inderdhanush 5.0 on 19/09/2023



सवेरा न्यूज/कुलदीप शर्मा

कठुआ, 14 अक्तूबर : गवर्नमैंट डिग्री कॉलेज (जीडीसी), कठुआ के एनसीसी कैडेट, जिन्होंने थल सैनिक कैंप दिल्ली में केंद्र शासित प्रदेश जम्मू कश्मीर का प्रतिनिधित्व किया और यूथ एक्सचेंज प्रोग्राम कजाकिस्तान में भारत का प्रतिनिधित्व किया, को आज जहां कॉलेज में आयोजित एक सादे समारोह में कॉलेज मिलने और पूर्वी कजाख के उनके सैन्य विभाग का दौरा करने का अवसर मिला था। वहीं जीडीसी कठुआ की 2जेके गर्ल्स बटालियन की जेयूओ पत्वी ठाकुर और सार्जेंट निकेता रैना, जीडीसी कठुआ की (4 जेके बीएन एनसीसी जम्मू) के कैडेट नारायण शर्मा और कैडेट लकी जसरोटिया ने 18 सितंबर से 29 सितंबर 2023 तक दिल्ली में थल सैनिक कैंप में जेकेएंडएल

GDC Kathua Felicitated SUO Rhytham Mahajan for attending Youth Exchange Programme at Kazakhstan and JUO Pallavi Thakur, Sgt Nikita Raina, Cadet Narayan Sharma, Cadet Lucky Jasrotia for attending Thal Sainik Camp at New Delhi on 14/10/2024.



NCC Cadets of GDC Kathua Observed Cyber Security Week from 18th September 2023 to 23 September 2023 on 22/09/2023.



Cadets of 4 J&K BN of GDC Kathua participated in 10 day camp on Disaster Management which is organized by MH Jammu from 18 Sep to 28 Sep 2023.











NCC Cadets of 4 J & K BN of GDC Kathua Celebrated NCC Day 2023 on 25/11/2023. A series of activities were organized on the occasion like Patriotic Song, Flute Plying, Poetry Recitation and Documentary on Indian Army: A Life Less Ordinary.



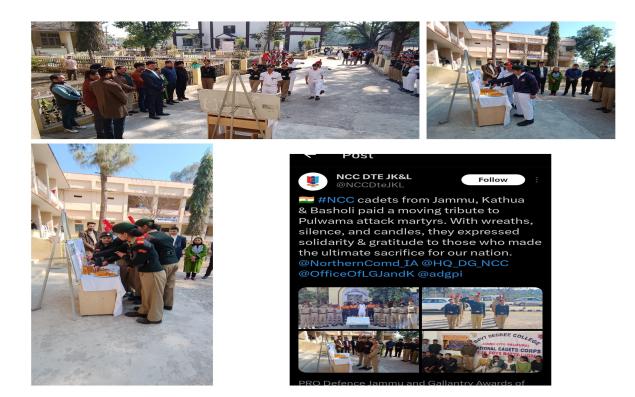
NCC Cadets of 4 J&K BN of GDC Kathua conducted awareness rally on Clean India Green India, use of Dustbins and Cleaning of Water Bodies.



NCC Cadets of GDC Kathua celebrated Armed Forces Flag day by collecting funds/donation from the staff and General Public of Kathua town on 07/12/2023.



NCC Cadets of 4 J&K Bn of GDC Kathua present Guard of Honour to Dr. Jatinder Singh Union Minister of State (IC) for Science and Technology, Earth Science, and PMO on the occasion of Ram Pal Trust Symposium on the topis "Women at Workplace: Issues and Challenges" held at GDc Kathua on 23/12/23.



NCC cadets of GDC Kathua paid tribute to Pulwama Martyrs on 14/02/2024.



NCC Contingent of 4 J&K BN of GDC Kathua participated in Republic Day Parade on 26th January 2024 at Sports Stadium Kathua.

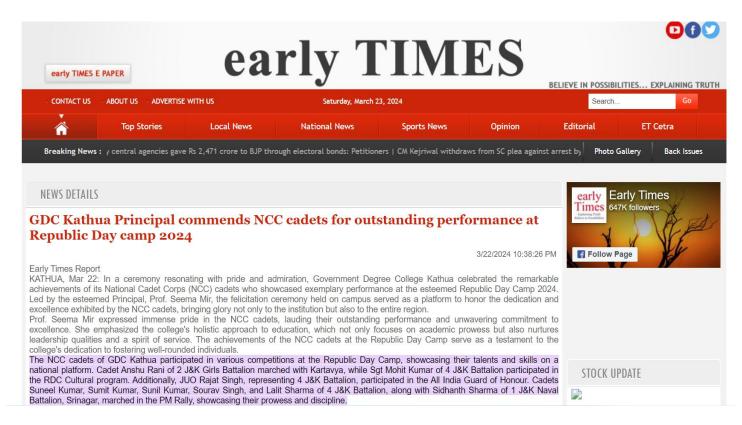


NCC "B" and "C" certificate examinations held at GDC Kathua on 18/02/2024 & 03/03/2024 respectively.



Cadets of 4 J&K BN NCC of GDC Kathua present guard of honor to (Prof.)Dr. Yasmeen Ashai, Director Colleges, Department of Higher Education, J&K on the occasion of Inaugural Day of first International Conference on Health, Fitness, Yoga, and Sports Science (ICHFYSS) held at Government Degree College Kathua on 05/03/2024.





NCC Cadets of GDC Kathua felicitated by Principal and Faculty Members for attending Republic Day Camp 2024 held at New Delhi on 22/03/2024.

On 12th April 2023: NSS Unit GDC Kathua organizes Symposium on "Say No to Tobacco and Drugs"

NSS units of GDC Kathua organizes Symposioum on 'Say No To Tobacco & Drugs'



REFUGEE MESSAGE BUREAU and third position in the JAMMU, APR 12

under the natronage of

competition. Miss Yashvee Gupta, Shallu Jan-NSS Units of GDC Kathua gral and Bhumi Mahajan were acknowledged with

On 8th May 2023: NSS Units GDC Kathua celebrated World Red Cross Day



On 9th June 2023: NSS Volunteers organized a series of activities under the theme of "Say no to Tobacco, Say no to single use plastic and polythene.



On 29th & 30th June 2023: NSS Vounteers beautifying the building at Lakhanpur with vibrant painting depicting dogri culture.



NSS Units of GDC Kathua organised farewell function

KHALSA EXPRESS NEWS
KATHUA, JUL 15: NSS
Units of GDC Kathua
organised farewell function
for the outgoing NSS
Volunteers of 6th semester
in the college audotorium.
The day was a fiesta devoted to the years spent together with friends and teachers, to
reminisce joyous
moments.

The audiorium was festooned with decorations. Being a colorful affair, the farewell bash rocked the day for all the party attendess. The eye catching moments were the dance performances of the students. Dr. Neha Bandral NSS, PO welcomed the cheif guest of the ocassion. Principal GDC Kathua, Prof. Seema Mir with flower bouquet and warmly welcomed all other senior faculty present.

The programme started with the lighting of the traditional lamp by the Principal GDC Kathua, Prof. Seema Mir along with senior faculty members Prof. Raj Kiran Sharma, Head Dept of Physics, Prof. Jaswinder Singh, Associate Professor



Department of Physics snd Prof Shub Sharma Head Department of Sanskrit. Principal Prof Seema Mir adressed the volunteers and blessed the outgoing volunteers for their bright future.

She assured the volunteers that they will always get support and guidance of college even after they would leave this prestigious institute. She encouraged them by saying that never compromise with your principles and abide by the moral values and discipline they have leave from the college.

have learnt from the college.

The event was followed up by various cultural activities by the volunteers including Group Dances, Singing & Solo Dances

organized by the volunteers for their senior volunteers. Prof Manmohan Singh NSS officer also Program addressed the volunteers and appreciated their arrangement of the programme. He added that farewell party is celebrated not to just to say goodbye to the friends, as they step into a new realm of life. It also a commemoration to celebrate all the good times together and wishing the best for the future. Along with this, the 6th sem volunteers narrated their experience in the NSS Family during the college time to the junior volunteers and some students also get emotional remembering their past days.

5th August 2023: NSS Volunteers took part in a Marathon as part of Youth Fest





On 10th August 2023: A plantation drive was conducted at NSS adopted village Bhagthali under "meri mart mera desh" campaign.



On 12^{th} August 2023: NSS units of GDC Kathua organized Symposium on "Role of Youth in Nation Building"

GDC Kathua organizes symposium on "Role of Youth in Nation Building"

REFUGEE MESSAGE BUREAU

KATHUA, AUG 12

In observance of 2023 International Youth Day, Red Ribbon Club GDC Kathua in collaboration with NSS Units GDC Kathua organized a symposium on the topic "Role d of youth in nation building". More than 20 voln unteers expressed their views and highlighted the f- constraints faced by youth lash Sharma Head Departin this digital world. They were of the opinion that Dr. Shamsher Singh, Head gram officer Dr. Suresh youth is the most impor- Department of Urdu. Jury tant asset of any country members also shared their and have very important views on this occasion. and Bhumi Mahajan today hold the potential to tional and mental health shared first prize in the inspire change, can make trauma. Therefore, it is . The other participants bilities, they must work they hold the key to prog-



event was judged by Dr. importance of empower-Shub Kumar, Head Department of Sanskrit, Dr. Kaiment of Mathematics and their potential. NSS prorole in nation building. Dr. Shub Kumar told vol- the globe are facing criti-Miss Meenakshi bakshi unteers that the youth of cal learning loss and emocompetition. Second posi- our world peaceful and the responsibility of everytion was shared by Nitish can strive for the world one to come together and Pansotra and Meenakshi we dream of. He said that prepare the youth to be Devi.Third position was "Youth are assets but in ambassadors and pioneers secured by Miss Shivani order to not become liawere acknowledged with really hard." Dr. Kailash ress and are the future of consolation prizes. The Sharma talked about the the world,".

ing the youth and creating opportunities and platforms for them to realize Sharma highlighted the importance of this day and said "Young people across of social change because

On 24th September 2023: NSS Day was celebrated in GDC Kathua



On 27th September: Cleanliness drive was conducted at Shaheedi Chowk, Kathua under "Swachhta hi Seva" campaign.

GDC Kathua organised cleanliness drive in statues located at Shahidi Chowk



witnessing the event to voluntarism. The focus of KATHUA, SEP 27 avoid single use plastic these swachhata drives Under Swachhata Hi Seva and polythene and to keep would be on high footfall (SHS) campaign, NSS their surroundings neat public places like bus (Volunteers of NSS Units of and clean Shopkeepers stands, railway stations, c

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On 7th October 2023: Amrit Kalash Yatra was organized



On 1st November to 7th November 2023: Vigilance Awareness Week was celebrated at GDC Kathua



On 26th November 2023: Constitution Day was celebrated in GDC Kathua



19th December 2023: Signature campaign was organized under Viksit Bharat Campaign



On 21st December 2023: Cleanliness drive was conducted in College premises



29th December 2023: Pledge was held for Road Safety Campaign



On 12th January 2024: National Youth Day was celebrated

NSS, NCC units of GDC, Kathua observe 'National Youth Day'

REFUGEE MESSAGE BUREAU tival 2024, being held at

NSS and NCC units of GDC, Kathua celebrated Nation-

An awareness lecture for the benefit of the on "Fundamental Rights" youth of the country. and Legal Services" in After the telecast of collaboration with District the event, National Youth resource person. Advo-cate Puneet Kumari delib-building. More than 100 erated on the government NSS volunteers along schemes for women and with other students of the Advocate Upasna Gupta college were present at shed the light on the fundamental rights enjoyed supervised by NSS proby the citizens of the

Nasik Maharashtra from 12-16, January, 2024 was also arranged in the col-lege Smart Class Room. Kathua celebrated Nation-lal Youth Day celebrated In the telecast, Honour-today on 12, January, able PM, Shri Narinder 2024. under the patron-age of the worthy princi-pal of the college, Prof. for making India a super Seema Mir. Two separate power. He also apprised events were organised to pay rich tribute to Swami ernment schemes, MoU's Viscolanaput, on his birth, with different countries. Vivekananda on his birth with different countries, anniversary . with different countries, implementation of NEP

Legal Service Authority . Day pledge was observed.

Advocate Puneet Kumari, Prof. Seema Mir, also District Legal Aid defence acdressed the students counsel and Advocate and encouraged them to Upasna Gupta, Panel register on My Bharat and lawyer DLSA were the My Gov portals and particular an Country.

A live screening of event was also graced by inaugural ceremony of various faculty members of the college.

On 25th January 2024: Voters Day was celebrated



On 27th to 29th January 2024: NSS volunteers participated in "Pariksha pe Charcha" campaign.



On 15th January to 13th February 2024: Awareness Campaign was conducted regarding 5th Road Safety Awareness Campaign.



On 15th & 16th February 2024: NSS Units GDC Kathua conducted Voters Awareness Campaign



On 4th March 2024: Symposium cum Pledge ceremony was organized under "Mera Phla Vote Desh K liye" campaign.



On 13th to 19th March 2024: NSS Units of GDC Kathua organized Winter Camp in adopted village Logate, District Kathua







Submitted by: NSS Units GDC Kathua



OFFICE OF THE PRINCIPAL GOVT. DEGREE COLLEGE KATHUA (NAAC Accredited '8' Grade College)

DISTRICT KATHUA (J&K) - 184104

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List of activities conducted in Month of June in GDC Kathua Major Achievement : Bore Well allotted to Boys Hostel of GDC, Kathua (Pl see report below)

Name of the	Date of	Brief report of activity conducted under the banner of G20 (24th April-17th May 2023)	
Activity	Activity		
<u>Awareness</u>	3 rd June 2023	On the occasion of "World Environment Day" under "Puneet Sagar Abhiyan" 2023 NCC	
rally cum	2023	cadets of 2 JK Girls Bn. Of GDC Kathua conducted an awareness rally cum awareness drive	
<u>awareness</u>		on "Plastic Free India, Bad effects of plastic and plastic ban for future". "Puneet Sagar	
<u>drive under</u>		Abhiyan" launched by NCC, is a nationwide campaign to clean seashores and beaches of	
<u>"Puneet</u>		plastic and other waste material while raising awareness about the importance of cleanliness.	
<u>Sagar</u>		Worthy Principal GDC Kathua Prof. Seema Mir, flagged off the rally in the presence of senior	
Campaign" to			
<u>celebrate</u>		faculty members Prof. Raj Kiran, ANO 2JK girls Bn GDC kathua Dr. Rachna Devi, Dr. Kamal	
<u>World</u>		Deep Singh, Dr. Jogvinder Singh Soodan and Dr Mudassir Mohi-Ud-Din. While flagging of	
Environment		the rally, worthy principal said that the extensive use of plastic has taken a toll on our	
Day 2023		environment, affecting our ecosystem, wildlife and human health. Now India is taking bold	
		steps towards a plastic free future, aiming to eliminate the detrimental effects of plastic and	

		pave the way for a sustainable nation. Total 40 NCC cadets took part in this campaign to generate awareness and to educate the target population about measures for conservation and impact of plastic pollution along the water bodies. The zealous Cadets participated with enthusiasm in the rally and interacted with shopkeepers about the hazardous results of using single use plastic. The rally marched from GDC Kathua campus and passed through Bhagat Singh park, green belt park and culminated back in the college campus. The whole activity was conducted under the guidance of worthy Principal GDC Kathua, Prof. Seema Mir and supervision of ANO Dr. Rachna Devi (2 J&K Girls Bn).
GOVT DEGREE COLLEGE ORGANISED MEDITATION SESSION IN GIRLS HOSTEL OF THE COLLEGE	4 th June 2023	June 4 th 2023,GDC Kathua hosted a rejuvenating meditation session at Girls Hostel under the Patronage and guidance of esteemed Principal Prof. Seema Mir .This session was to alleviate the mental pressure faced by the boarders during ongoing examinations. The event commenced with a warm welcome address by the convener of Girl's Hostel Prof. Rajkiran Sharma. This empowering initiative was organised in collaboration with Art of living under the banner of "HAR GHAR DHAYAN" featuring meditation session conducted by experts Ms. Simmy Bhadwal and Ms. Shivalika Sharma. More than 100 boarders enthusiastically participated in meditation exercises. The experts physically provided various meditation techniques and elaborated on their health benefits.
		A key highlight of the session was questionnaire round, where the girls had the opportunity to address their queries and concerns. The experts skillfully addressed each doubt ,ensuring complete satisfaction among the participants
		During the event, boarders expressed their desire for more such camps in the Girls Hostel. The experts accompanied by the faculty reassured them that future camps would be organised on a regular basis.
		The program was culminated with a heartfelt vote of thanks delivered by Dr. Nitu Sharma, Warden Girls Hostel.

		The program was graced by the dedicated hostel employees who actively supported the event.
NCC GDC Kathua Organised Poster Making and Essay Writing Competition.	3 rd June 2023	NCC Cadets of 4 J & K BN of Government Degree College Kathua Organised Poster Making and Essay Writing Competition on 03/06/2023 on the theme Plastic Free India, Bad Effects of Plastic and Plastic Ban for Future. The Activities were conducted under the Aegis of Puneet Sagar Abhiyan and World Environment Day. A Total Number of 20 Cadets were participated in the event. Cadet Lucky Jasrotia stood first, Cadet Kartik Majotra stood Second and Third place bagged by Cadet Akshya. The Principal of the College Prof Seema Mir was the Chief Guest on the Occasion. She felicitated the winners of the Competition. In her address she said that NCC Cadets of GDC Kathua always shows their active participation in all the activities. She added that the littering of plastics in open spaces creates unhygienic conditions, as it acts as a breeding ground for insects and mosquitoes that cause diseases like malaria and dengue. Plastics do not undergo degradation, thus, stay in the soil for many years, which affects soil fertility and degrades the soil quality. She also added that When plastic artefacts
		enter the drainage and sewerage system, they block the pipes and the drains causing waterlogging. She said that there are primarily three ways of managing plastics: Reduce, Reuse, Recycle Plastic. She advocates that it is the responsibility of all the members of the Society to Keep their surroundings Plastic Free. She also advised the NCC Cadets that they should spread the message of Plastic Free India in every nook and corner of the society. She applauded the efforts of ANO of the unit Dr Verinder Singh for his tireless efforts in conducting the massive drive for making plastic free India. Others who present on the occasion were senior Faculty Member Prof Raj Kiran, Dr Rachana ANO Girls Wing and Dr Amrik Singh ANO Naval Wing.
CHAIRMAN MUNICIPAL COUNCIL DONATES BORE WELL TO GOVT. DEGREE COLLEGE KATHUA	20 th June; 2023	On June 20st 2023 a team from municipal council Kathua visited the site for the Installation of bore Well in GDC kathua. The chairman municipal council Sh. Rajinder Singh bubby leading from the front along with worthy Principal of the college Prof. Seema Mir accompanied by senior faculty Prof Jasvinder singh, Prof Rakesh singh Prof Shivani Kotwal, Dr Shub Sharma and the hostel inmates of Boys Hostel GDC Kathua visited the already identified site which was boys hostel. The chairman municipal council personally supervised the Installation of bore well. On the occasion worthy Principal of the college along with senior faculty and students and hostel boarders thanked respected

chairman for this historical donation which will not only cater the requirement of hostellers but the entire college.

Speaking on the occasion esteemed Principal of the college Prof Seema Mir humbly appreciated the efforts of revered Chairman Sh. Rajinder Singh Bubby, who fulfilled his promise of donating the bore well for the benefit of students of kathua District as a whole .As this prestigious institution hosts all the major events organized by District administration. Students and the hostel boarders, while interacting with media persons were overjoyed and excites on getting this huge gift and shared their views and were greatful to respected Principal, warden of the Hostel Dr. Jogbinder Singh Soodan , hostel committee and Prof. Rajkiran senior faculty and overall incharge of boys and Girls hostel. Among the others who were present to witness the installation of New Bore well Prof. Sumit Dubey, Prof. Rajesh Kumar, Dr. Suresh Sharma and Dr Kamaldeep Singh.





Poster Making Competition

MEDITATION SESSION IN GIRLS HOSTEL OF THE COLLEGE





Bore Well allotted to GDC, Kathua MC Chairman

Awareness rally cum awareness drive under "Puneet Sagar Campaign"

Principal

GDC, kathua



OFFICE OF THE PRINCIPAL

DISTRICT KATHUA (J&K) - 184104

PRINCIPAL

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Ref. No. KC/.....

List of activities conducted in Month of July in GDC Kathua Major Achievement: PMSS Workshop in GDC, Kathua (Pl see report below)

Name of the Activity	Date of Activity	Brief report of activity conducted in month of July ; 2023	
One Day Counselling cum Awareness Workshop for students & amp; stakeholders of Kathua region for PMSSS 2023-24 held at Govt. Degree College, Kathua.	3 rd July; 2023	A One Day Counselling cum Awareness Workshop on the Prime Minister's Special Scholarship Scheme (PMSSS) 2023 24 was conducted successfully at Govt. Degree College, Kathua. The primary objective of the workshop was to provide comprehensive guidance and support to students and stakeholders in the Kathua district. More than 1200 Applicants along with their guardian and parents attended the workshop. Prof. Seema Mir, Principal Govt. Degree College, Kathua presented formal welcome address to the chief guest cum resource person Prof. Ajeet Angral. In her welcome address she thanked the Department of Higher Education UT of J&K and AICTE, New Delhi for providing a golden opportunity to the students of District Kathua by organizing a workshop related with a special scholarship scheme for the benefit of pass out students of 12th class. In her opening remarks, she emphasized the importance of the workshop in equipping students with knowledge and resources for informed decision-making. The main highlight of the workshop was an impressive interactive session by Consultant/Nodal Officer PMSSS Prof. Ajeet Angral who in his spell bound lecture explained all the aspects of the scheme. He threw light on registration process, application submission, verification, Institute Selection, admission, error handling and course selection. He also stated that PMSSS is a revolutionary scholarship programme which has ensured equal opportunity for students of UT of J&K to study at the prestigious colleges of the country. The session was followed by a healthy and interactive question- answer session wherein the questions asked by students and parent were answered by the Consultant/Nodal Officer PMSSS Prof. Ajeet Angral.	
GDC Kathua	20 th July; 2023	Science Club and Career Counseling & Dacement Cell, GDC Kathua in Collaboration with Institute for Advance studies (IFAS), Pune organized a webinar on "Strategies to crack competitive examinations after	
<u>organizes</u>	2023	Graduation". A large number of students and faculty members participated in the event. Webinar was inaugurated by	
webinar on		Chief Guest, Prof. Seema Mir, Principal, GDC Kathua. Prof. Seema Mir, Chief Guest of the event in her deliberations stressed on the need of such type of webinars for the better future of students. She appreciated the efforts of speaker,	

"Strategies to Crack Competitive Examinations after Graduation"		Convener, members of organizing committee for taking this initiative of organizing this interactive webinar for students and faculty of GDC Kathua. Moreover, she encouraged all the faculty members to organize more such events for shaping the career of students. She also motivated students to interact with the resource person for their queries. Prof. Rakesh Singh, Convener of the webinar welcome the Chief Guest, Resource person and all the participants. He said that Career Counselling and Placement Cell of the college is continuously involved in organizing such type of awareness programs for students for helping them in deciding better future. He said that after attending this webinar students shall be able prepare for competitive examinations in a better way. Revered resource person of the event, Mrs. Mamta Marar in her deliberations highlighted various examinations which are to be attempted by the students after graduations, their eligibilities and patterns were also discussed during the webinar. She discussed about various competitive examinations like IIT JAM, CUET, GATE, NET, SET etc. and explained to students the eligibility criteria, mode of examination, syllabus of these examinations etc. In the interactive session she made the participants aware of various strategies required for fulfilling their dreams. Students raised various queries, which were nicely answered by the resource person.
NCC Government Degree college Kathua celebrated 24th Kargil Vijay Diwas.	26 th July; 2023	NCC Cadets of 4 J&K Bn of GDC Kathua celebrated 24th Kargil Vijay Diwas on 26 th of July 2023 to observe India's victory over Pakistan in 1999. Cadets remember their war heroes and pay tributes to the Martyrs who laid their lives for the cause of nation. The day marks the victory of the Indian armed forces in Operation Vijay in 1999 when they evicted the infiltrators backed by the Pakistani army from high outposts in the Kargil sector. Cadets paid floral tribute to the martyrs of Kargil at Shaheedi chowk Kathua. They also cleaned the statue of Shaheed Captain Sunil Chowdhary and offered Guard of Honour and wreath lying to the martyr. Cadets bowed their heads and keep two minutes' silence to mark respect to all the brave soldiers who laid down their lives to protect the country. On this occasion cadet made poster of Kargil war heroes and also portrait the strength of Indian Armed forces. ANO of the unit Dr. Verinder Singh in his address to the cadets said that Kargil war took place between May and July 1999 in Jammu and Kashmir's Kargil district. it was one of the toughest wars fought in the most difficult conditions both in terrain and climate. He said that the Army heroes sacrifice their own lives during the Kargil War so that the entire country can sleep in peace. He added that the supreme sacrifice of the brave war heroes who safeguarded the freedom and territorial integrity of the motherland will never be forgotten under any circumstances. The whole event was organised and conducted under the able guidance of Principal of the College Prof. Seema Mir.
Road Safety Awareness Campaign, by Road Safety Club and NSS Units GDC Kathua	1st of July; 2023	In continuation to its activities under Road Safety Awareness Campaign, Road Safety Club and NSS Units GDC Kathua organised safety pledge ceremony and lecture on Road Safety measures. Dr Suresh Sharma Assistant Professor Department of Physics delivered a very informative and valuable lecture on Road Safety. More than hundred students, NSS volunteers, Club members of Road Safety club members along with faculty of the college participated in the event snd attended lecture and took pledge on Road safety. The pledge was read out by Meenakshi Bakshi NSS Volunteer of fourth semester. Before pledge read out ceremony Resource Person Dr Suresh

Sharma delivered lecture on Road safety. He apprised the gathering with traffic rules in detail. He also appealed the NSS volunteers to follow the traffic rules In their day to day life and also become the youth ambassador to carry forward this campaign in their respective localities. Senior most NSS Program officers Prof Manmohan Singh also addressed the volunteers. In his lecture, he threw light on the Do's and Don'ts of traffic rules like Wear Helmet while drive two wheeler, Use seat belt while driving four wheelers, Dont drink and drive, follow traffic signals, Keep safe distance from vehicles, Use horn and fog light during winter season while driving and avoid modified vehicles silencer. The event was organised under the patronage of Principal Prof Seema Mir and supervised by NSS Program officers Prof Manmohan Singh, Dr Suresh Sharma and Dr Neha Bandral.



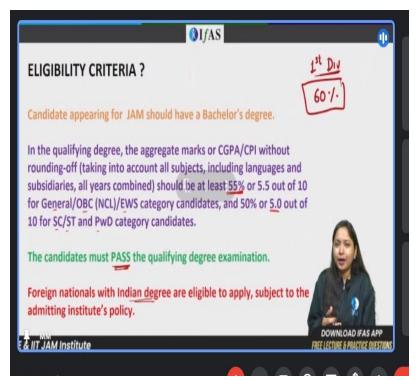
PMSS WORKSHOP IN GDC KATHUA



NCC Government Degree college Kathua celebrated 24th Kargil Vijay Diwas.



Road Safety Awareness Campaign



Webinar on Career Counselling Session

Principal

GDC, Kathua



OFFICE OF THE PRINCIPAL GOVT. DEGREE COLLEGE KATHUA (NAAC Accredited 'B' Grade College)

DISTRICT KATHUA (J&K) - 184104

Prof. Seema Mir

Email:	gdckathua	1961@	gmail.com
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Ref. No. KC/.....

Date:

List of activities conducted in Month of August 2023 in GDC Kathua (Highlights: Independence Day and National Sports Day celebrated with great enthusiasm and fervour by staff and students of GDC, Kathua)

Name of the Activity	Date of Activity	Brief report of activity conducted in month of July ; 2023
Red Ribbon Club GDC Kathua organized 2 Km District Level Marathon as a part of Youth-Fest Red Run	5 th August; 2023	Government Degree College Kathua in collaboration with J&K AIDS Control Society, Department of Health and Medical Education, today organized a District level Marathon as part of the Youth Fest, Red Run Activity-2023. More than 100 participants ran a 2 Km marathon, starting from GDC Kathua and concluding at GCW Kathua via sports stadium Kathua. Jury members from Department of Physical Education and Sports selected the top 25 runners to represent District Kathua at the final UT level, Youth-Fest Red Run Marathon in Jammu, aimed at generating HIV/AIDS awareness among youth. Convener Red Ribbon Club Prof Manmohan Singh aware runners that as per national family health survey 5, there is only 21.6% and 30.7% comprehensive knowledge of HIV/AIDS among adults in India in women and men respectively, so there is an urgent need to improve and increase comprehensive knowledge of HIV/AIDS through various activities across the country. In this context Red Ribbon Club GDC Kathua organized "Red Run Marathon 2 km" to actively engage the students in healthy lifestyle and physical activities so that they can maintain healthy living and keeping themselves free from life style diseases but also to keep themselves free from behaviours which put them at risk of getting infected with HIV and other sexually transmitted diseases. The event was witnessed by Prof. Jasvinder Singh Prof Rakesh Singh, Dr Amita Dua, Dr Shubh Kumar, Dr Rachna, Prof Ritu Bhagat, Dr Kailash Sharma, Dr Pankaj Gupta. Whole event was organized under the patronage of Principal of college Prof Seema Mir. The event was well coordinated and organized by NSS Program Officers Dr Neha Bandral and Dr Suresh Sharma, NCC ANOs Dr Varinder Singh, Dr. Amrik Singh and Dr Rachna Devi and Dr Sanjeev Kumar. Technical support for the event was provided by Physical Director Dr, Jogbinder Singh Soodan and his team, Department of Physical Education and Sports.
Wall Painting and plantation Drive	8 th August; 2023	Under Meri Maati Mera Desh nationwide campaign, NSS Units GDC Kathua today organised Wall Painting and plantation drive event at various places in college premises. This event was organized in continuation to series of activities to be undertaken by NSS Units from 9th August to 15th August. Today's Incharge Principal Prof Raj Kiran Sharma along with senior most faculty members visited NSS Park and planted some saplings there She also appreciated the NSS volunteers

		for beautification of the college walls by making paintings on the college wall. More than 50 volunteers participated in this drive and they planted shady trees, medicinally important trees, fruit trees etc. Volunteers made paintings on college walls reflecting the messages of "Meri Maati Mera Desh" and Har Ghar Tiranga campaign. Events were organized under the guidance of Principal Prof Seema Mir and under supervision of NSS program officers Prof Manmohan Singh, Prof Neha Bandral and Dr Suresh Sharma
Anti ragging awareness Day/ week celebrated in GDC Kathua	9 th August; 2023	Student Grievances Redressal Committee/Anti Ragging Committee, Govt. Degree College, Kathua started week long Anti ragging awareness Programme. On the first Day of the Programme, an anti -ragging awareness Campaign was organized in which more than fifty students participated enthusiastically. Prof. Seema Mir (Principal GDC, Kathua) distributed anti- ragging pictorials among the students to be pasted at various places/ Departments in the College Campus. She advised students regarding the ill effects of ragging and elaborated the need for eradicating ragging from the institution. She emphatically reiterated the reasons for why ragging should not at all be tolerated at any cost. Prof. Ritu Bhagat, Convenor, Anti Ragging Committee sensitized the students on the issue of ragging and She also mobilized the campaign by encouraging the students to actively participate in pasting of anti-ragging pictorials. She also briefed the students about various activities to be organized during the anti-ragging week and also motivated the students for their maximum participation. The event was organized with the full support of Senior faculty members Prof. Rajkiran Sharma, Prof. Rakesh Singh (HOD, Chemistry). All the members of the Committee, Dr. Rachna (Edu.), Dr. Amita Dua, Prof. Rajesh Kumar, Dr. Roshan Lal, Prof. Surbhi Gupta (EVS), Dr. Rachna (Psy), Dr. Amrik Singh, Prof. Roma, Prof. Neeru Sharma, Dr. Sanjeev Kumar and Dr. Shaveta Saroop worked whole heartedly in organizing the event.
Panch Pran Pledge under Meri Mati Mera Desh	9 th August; 2023	NSS Units GDC Kathua started its activities under Nation-wide "Meri Mati Mera Desh" Campaign today on 9th August 2023, to pay tribute to the 'Veers' who laid down their lives for the country. Under this campaign Principal Prof Seema Mir along with Staff members, NSS Prog officers and volunteers took Panch Pran Pledge. The pledge was read out by Senior most volunteer Meeankshi Bakshi. From 9th to 30th August , 2023, the 'Meri Maati Mera Desh' campaign will include programs at institution and adopted panchayats level. Two Panchayats Jarai and Naroli under Nagri Block have been adopted under this programme.
		The campaign will include various programs across the country to remember the brave hearts (Veers). Shilaphalakams (memorial plaques) commemorating them will be installed in village and panchayats. This campaign is the concluding event of the 'Azadi ka Amrit Mahotsav,' which began on 12th March, 2021.
		The campaign will feature programs like the establishment of Shilaphalakams dedicated to freedom fighters and security forces, as well as initiatives like Panch Pran Pledge, Vasudha Vandan, Veeron ka Vandan which venerates the gallant sacrifices of our brave hearts. Shilaphalakam or Memorial plaques saluting the spirit of sacrifice of local brave hearts from these adopted panchayats will be undertaken from tomorrow onwards at the Panchayat level.
		The activities under Meri Mati Mera Desh is being organized under the patronage of Principal Prof Seema Mir and guidance of NSS Program officers Prof Manmohan Singh, Prof Neha Bandral and Dr Suresh Sharma.
		The senior most faculty members Prof Raj Kiran Sharma, Head Department of Physics; Dr Shivani Kotwal Associate

Under Meri Maati Mera Desh nationwide campaign, NSS Units GDC Kathua created an Amrit Vatika with 75 saplings of indigenous trees in NSS adopted village Bhagthalli	10 th August; 2023	professor Department of English, Dr Amreek Singh Assistant Professor Department of Geography and Dr Kamaldeep Singh Head Department of Punjabi also grace the occasion with their benign presence. Under Meri Maati Mera Desh nationwide campaign, NSS Units GDC Kathua created an Amrit Vatika with 75 saplings of indigenous trees in NSS adopted village Bhagthalli of Jarai Panchayat, Kathua. Principal Gdc Kathua Prof Seema Mir flagged off the plantation van along with NSS Volunteers and program officers for conducting plantation drive in the adopted Panchayat Jarai's village Bhagthali. This event was organized in continuation to series of activities to be undertaken by NSS Units from 9th August to 15th August. Shady trees, medicinally important trees, fruit trees etc were planted by NSS volunteers in the Govt Middle School Bhagthali, Primary School Chak Majra and Primary School New Basti Bhagthali. Teacher Incharge Bhupinder Gupta, Ravi Singh And Sudershan Kumar of these schools appreciated the NSS volunteers for conducting this drive in their schools. They expressed their views that there is a dire need of plantation drive in this area due to establishment of Industrial area in near to their locality. Local residents of village also participated in this plantation drive and also appreciated the efforts of volunteers. Event was organized under the guidance of Principal Prof Seema Mir and under supervision of NSS program officers Prof Manmohan Singh, Prof Neha Bandral and Dr Suresh Sharma
		Under Meri Maati Mera Desh nationwide campaign, NSS Units GDC Kathua today organised Wall Painting and plantation drive event at various places in college premises. This event was organized in continuation to series of activities to be undertaken by NSS Units from 9th August to 15th August. Today's Incharge Principal Prof Raj Kiran Sharma along with senior most faculty members visited NSS Park and planted some saplings there—She also appreciated the NSS volunteers for beautification of the college walls by making paintings on the college wall. More than 50 volunteers participated in this drive and they planted shady trees, medicinally important trees, fruit trees etc. Volunteers—made paintings on college walls reflecting the messages of "Meri Maati Mera Desh" and Har Ghar Tiranga—campaign. Events were organized under the guidance of Principal Prof Seema Mir and under supervision of NSS program officers Prof Manmohan Singh, Prof Neha Bandral and Dr Suresh Sharma
2 JK Girls Bn GDC Kathua Celebrated "Meri Maati Mera Desh" Campaign to Celebrate India's Soil and Valour	12 th August; 2023	NCC Cadets of 2 JK Girls Bn of GDC Kathua took part in "Meri Maati Mera Desh" campaign which envisaged from 9 th August, 2023 as a culminating event of "Azadi Ka Amrit Mahotsav". Cadets participated in the campaign to honour the brave freedom fighters & brave hearts who scarified their lives for the country. Campaign included various programmes in the premises of GDC Kathua. The event commenced with a pledge taking ceremony on 10 th August, 2023 in which 40 NCC Cadets, Principal GDC Kathua Prof. Seema Mir, Senior faculty member Prof. Raj Kiran, Prof. Shivani Kotwal and ANO Dr. Rachna Devi participated under the Banner of "Meri Maati Mera Desh". This was followed by Singing of National Anthem by students and faculty members The event reinforced the idea that the bond between our land and our country is one that should be cherished and protected by everyone. On 11 th of August, 2023 online pledge was taken by 40

		NCC Girl Cadets of GDC Kathua. The campaign culminated on 12 th August, 2023 by organising programmes such as awareness rally and selfie with Tiranga. Furthermore, soil from the location of selfie point was collected, symbolizing the unity and strength of the nation and used for taking selfie by cadets. Principal, GDC Kathua applauded the NCC Girl Cadets. Madam Principal expressed immense pride in celebrating the "Meri Maati Mera Desh" Campaign. She highlighted the immense sacrifice made by countless martyrs for their country and stressed the importance of national Integrity and communal harmony.
Independence Day Celebrations	15 th August; 2023	Independence was celebrated with Great enthusiasm and fervour in GDC, Kathua in which all staff along with students participated. Prof. Seema Mir, Principal GDC, Kathua unfurled the National Flag. Students of GDC, Kathua presented patriotic songs.
Government Degree College Kathua organises a symposium on Drug Abuse	19 th Aug; 2023	Government Degree College ,kathua in collaboration with social welfare department organises a symposium on topic 'Drug Abuse'on 19th of August 23 in the smart classroom .The event was convened by prof.Shivani Kotwal and co-convenor Dr. Shubh sharma, literary activity committee .The Principal Government Degree College kathua prof. Seema Mir was the chief guest of the occasion. The other dignitaries' who were present over there were Mr.Vishav Bandhu Sharma, Tehsil social welfare officer, Mr Abdul Rahim District social welfare officer. The programme commenced with the welcome address by prof.Shivani Kotwal convenor literally activity committee, followed by lighting of lamp and Saraswati Vandana .A total of 10 participants spoke on the topic. First position was secured by Vishal Gupta of semester 3rd,Second position by Alieshea Malhotra of semester 3rd,Whereas the third position was obtained by Shivani of semester 3rd.The consolation prizes were also distributed to all the participants. The worthy Principal prof. Seema Mir addressed the August gathering with her speech. She threw light on the scheme 'Nasha Mukt Bharat' initiated by Prime Minister Narendra Modi. She spoke about the repercussion of indulging in such activities as it will effect the physical as well as mental health. She further advised Students to Channelizes their energy positively and contribute in the development of nation. She congratulated all the participants and appreciated the Unweavered effort of committee members.The senior faculty members who grace the occasion with their presence were Prof. Raj kiran, Prof. Rakesh Jasrotia (HOD) chemistry, prof. Shub sharma (HOD) sanskrit,prof.Ritu Bhagat (HOD) Education,Dr.Rachna, Dr.Amita Dua,prof.chetna Gupta,Prof. Seema Devi (HOD) Hindi, Prof.Poonam (HOD) Dogri and other literary Activities members.The event ended with vote of thanks by Mr Vishav Bandhu Sharma, Tehsil social welfare officer.
GDC Kathua Organizes two Days workshop on Financial Literacy	21 st and 22 nd August; 2023	Govt. Degree College Kathua Has concluded two days workshop on Financial Literacy for Youth on 21 and 22 August 2023 jointly with NISM National Institute of Securities Market, AXIS Bank. The program started with the welcome address by Dr. Neha Bandral, Head Dept of Economics. In her welcome address, she greeted the esteemed Principal, GDC Kathua Prof. Seema Mir with a bunch of flowers. The Key note speaker of the workshop was Prof Nishant Narang, Assistant Professor in the department of Commerce, GDC Jawali, Himachal Pradesh,

Nishant Narang, Prof. Narang is Inducted as Securities Market Trainer by Securities & Exchange Board of India (SEBI) for Kangra District (Himachal Pradesh), Resource Person for National Centre for Financial Education (NCFE) to promote Financial Literacy, Resource Person for Financial Literacy for Youth jointly organised by National Institute of Securities Market (NISM) and AXIS Bank, Resource Person for CASI - BSE. In two days workshop, total eight sessions were held. All sessions were based on different topics. First session was based on saving and investment, in which he talked about the promotion of saving so that judicious investment can be made to beat inflation. Second session was based on the complete detail of primary market. In third session, resource person throws light on the working of secondary market. How primary market actually work with the help of well established secondary market. In the fourth session, Prof. Narang talked about Sovereign Gold Bond investment. He added that investors can invest in SGBs through their demat accounts or via online banking. The country's top lender State Bank of India (SBI) allows buying SGBs online. First day of the workshop was concluded with the vote of thanks by Dr. Neha Bandral. Second day of the workshop started with the welcome address by host of the workshop. Second day next four sessions were concluded. Session fifth was based on the working of mutual funds. Prof. Narang give knowledge about the primary steps to start investing in Mutual Funds Online: open an account, learn how to pick Mutual Funds, understand how Mutual Funds work, and start investing to the students. Sir has added that despite the abundance of investment options available, mutual Funds remain one of the best and most practical ways to invest your money. Sessions sixth, seventh and eight were based on Complaint redressal system, SCORES, SARATHI APP, which helps the investors to reduce risk and maximize their return. In the eight session, Prof. Nishant Narang elaborate the career options in securities market such as that of a broker, advisor, portfolio, broker, research analyst, investment banker, relationship manager, professor investor and trader. Then interaction session were held with the students, where students asked about their queries and shared their feedback about the workshop. The workshop was attended by sixty students from the department of Economics. In the concluding sessions, Principal GDC Kathua address the audience with great zeal and enthusiasm. She added that No matter the age, young and old adults alike have a hard time learning something unless they understand and internalize the significance of the information and how it can best serve them long-term. Financial knowledge and independence are things for which many adults still strive long after their graduation day. This type of awareness workshops cover a different topics which helps to manage your money better and set goals for your financial future. She advised the students to live a financial healthy life. Principal GDC Kathua along with other senior faculty facilitate the key note speaker with a momento. The program was attended by Prof. Raj Kiran sharma, Prof Rakesh Jasrotia, head Dept of chemistry, Prof Shub Kumar sharma, Head dept of Sanskrit, Prof Rachna Raj, dept of Education and Dr. Jogbinder Singh Soodan, Physical Director. The program ended with vote of thanks by Dr. Neha Bandral Head Dept of Economics. She ended the workshop with words that investing may sound like an activity for the wealthy, but it plays an important role in your financial journey at all levels of income. **National Sports** 29th As a sequel to Viksit Yuva Viksit Bharat and Fit India Movement launched by the Honourable Prime August;2023 Minister under Azaadi Ka Amrut Mahotsav . A demonstration match on traditional martial Arts **Day Celebrated** GATKA (M&W) was organized by the Department of Physical Education and Sports, in joint **GDC** at Kathua collaboration with National Service Scheme (NSS) Government Degree College Kathua. This

demonstration Match was organized on the eve of National Sports Day in commemoration of the Birth Anniversary of our Hockey Legend Major Dhyan Chand. The theme of the organizing this traditional Martial Arts was Healthy India and Fit India and also to promote the knowledge of self defence. The Match was inaugurated by the Chief Guest Prof. Seema Mir , Principal GDC Kathua . The Elite Sports Persons and Physical Education Students participated to celebrate the National Sports Festival. The Chief Guest in his address to the sports persons paid tribute to the Hockey Legend Major Dhyan Chand by recalling his contribution to the country and the Indian Sports at an International Platform. She Has highly elaborated about the significance of National Sports Day throughout the country. She has encouraged the students to come forward and to take active part in sports and Physical Activities. She has clearly stated that the new education policy has included Physical Education and Sports as the part and parcel of main education system. She further stressed upon that the government is very serious about the promotion of sports along with education system. She lauded the achievements of Sports Department at National, Sr. National and All India Inter University and State Level. She said that Sports is a major asset of the college. The Principal apprised the students for adopting Fitness protocols by following the formula of sound mind in the sound body. Gatka demonstration started by the esteemed Principal Prof. Seema Mir accompanied by Prof. Raj Kiran, Prof. Rakesh Singh Jasrotia, HOD Chemistry and Coordinator IGNOU, Prof. Ritu Bhagat, Prof Shivani Kotwal, Convener Sports Board, Dr. Rachna, Dr. Amita Dua, Dr Renu, Prof Manmohan Singh, Dr Kamaldeep Singh, Dr Nerha Bandral, Dr Poonam and Dr Pinky Sharma. The Principal highly appreciated the Physical Director Dr J S Soodan for leading the Department to highest level in both Sports and Academics by organizing International Certificate Course and Webinars in collaboration with Foreign Universities and International Organizations of the world. Later on, Esteemed Principal distributed Trophies to the participants of All India Interuniversity and National Competitions for representing College at National and All India Interuniversity level. He has also honored the elite players of Gatka by Medals and trophy for showcasing the Gatka the traditional martial Arts for college students and faculty. The Programme was co-ordinated by Dr J S Soodan organizing Secretary of the programme. Later the Senior Faculty Members honoured the Chief guest by presenting a Memento. The Programme Concluded with the vote of thanks Presented by Prof. Shivani Kotwal, Convener Sports Board.



Red Ribbon Club GDC Kathua



Plantation drive 8th Aug



Anti ragging awareness Day (9th Aug)



Wall Painting 11th August



2 JK Girls Bn GDC Kathua Celebrated



Symposium on Drug Abuse "Meri Maati Mera Desh" $19^{\rm TH}\,August;\,2023$



15th August 2023 : Independence Day Celebrations



GDC Kathua Organizes two Days workshop on Financial Literacy (21st and 22nd August; 2023)





National Sports Day Celebrations in GDC Kathua on 29th August; 2023

Principal GDC, Kathua



OFFICE OF THE PRINCIPAL

DISTRICT KATHUA (J&K) - 184104

Prof. Seema Mir PRINCIPAL

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Ref. No. KC/.....

List of activities conducted in Month of September 2023 in GDC Kathua

(Highlights: 1. National Nutrition Week Sponsored by J&K Science, Technology and Innovation Council celebrated in GDC, Kathua

- 2. Career Counselling Cell GDC, Kathua in collaboration with Department of Life Long Learning (DLL), University of Jammu conducts Career Awareness Programme in GDC, Kathua.
- 3. Gandhi Jayanti celebration activities
- 4. Hindi Diwas Celebrations)

Name of the	Date of	Brief report of activity conducted in month of September; 2023	
Activity	Activity		
National	07 th	A series of activities sponsored by J&K Science, Technology and Innovation Council were held in GDC, Kathua to celebrate the National Nutrition Week	
Nutrition Week	September; 2023	which is an annual nutrition event initiated by Food and Nutrition Board, Ministry of Women and Child Development, Government of India . The whole series of activities organized by Science Club of the College included Guest Lecture by Dr. Deepshikha Dietician Govt. Medical College, Kathua,	
Sponsored by		Intercollegiate Symposium and Intercollegiate Poster Making Competition. The event was organized under mentorship of Principal, GDC, Kathua Prof. Seema Mir and with coordinated efforts of Ms. Sunita Razdan, Joint Director J&K Science, Technology and Innovation Council, Prof. Rakesh Singh,	
J&K Science,		Convener, Science Club and Dr. Pankaj Gupta Organizing Secretary and Nodal Officer. The organizing committee members Dr. Surya Partap Singh, Dr. Suresh Sharma Dr. Roshan Lal, Prof. Neha Mahajan, Dr. Verinder Singh, Prof. Ram Krishan, Dr. Archna Bhat also played a crucial role in successful	
Technology and		organization of the different activities. A total of seven colleges and more than 100 students participated in the Guest Lecture / Symposium and the poster	
Innovation		making competition. The event was started with the kindling of lights by Chief Guest, Prof. Seema Mir in presence of Prof. Rakesh Singh, Ms. Deepshikha, resource person,	
Council		Prof. Jaswinder Singh, IQAC Co-ordinator, Prof. Raj Kiran, Dr. Pankaj Gupta, Dr. Deepshikha, Prof. Shivani Kotwal, Dr. Anupama Arora, Dr. Amita Dua and	
celebrated in		Dr. Ram Krishan. Speaking on the occasion, Prof. Seema Mir, Principal, GDC, Kathua stressed upon the need for adopting good eating habits . She said that we are more	
GDC, Kathua		inclined towards those foods which are tasty to mouth but bad to stomach due to which many of us are suffering from diseases like diabetes and fatty liver. She further appreciated the efforts put by Science Club and the organizing team in organizing these activities and also thanked J&K Science, Technology and Innovation Council for sponsoring the event.	
		Prof. Rakesh Singh, Convener of whole event extended warm welcome to the Chief Guest, Resource person and all the participants. He said that such type of awareness programmes/activities are very important at this time when the people are more interested in consuming packed food rather than home made food. He further stressed that it is need of hour to change our lifestyle and improve our eating habits for better health and said that awareness on	

		the importance of nutrition for health has an impact on development, productivity, economic growth and ultimately National Development. Resource person Ms Deepshikha, Dietician, Govt Medical College Kathua delivered a very informative talk on Current Trends in Health and Lifestyle. She further said that instead of following trends we should become trend setters as far good eating habits are concerned. In her deliberations she highlighted various trends which effect physical health. She elaborated in detail various PROS and CONS of internet. She said that if the time & energy we spend on phone be utilized on health, no one will face any health issue. Moreover, she elaborated in detail various measures required to be taken for keeping good health. All the participants were very enthusiastic during the whole event and the queries raised by the participants were very nicely responded by the speaker. In the symposium, twenty students from various degree colleges participated and the 1st position was secured by Tania Sharma (GDC Kathua) whereas Manvi(GDC Kathua) and Prakriti (GCW Kathua), got 2 nd and 3 rd prizes respectively. However, Sukriti (GDC Kathua), Vishal (GDC Kathua) and Saksh (GDC Kathua) received Consolation prizes. The Jury members for Symposium were Prof. Jasvinder Singh, Dr. Pankaj Gupta and Dr. Ambica. In the poster making competition nineteen students from various degree colleges participated and the first position was secured by Khem Raj, GDC Kathua, 2 nd position by Bhoomi from GDC Kathua, and 3 rd position by Shivangi from GCW Kathua, Deepti (GCW Kathua), Poonam, (GDC Hiranagar), Kajal, (GDC Kathua) got consolation prizes in the event. The posters were adjudged by Dr. Anupma Arora, Dr. Surya Partap Singh and Prof. Neha Mahajan. The proceedings of the event were nicely conducted by Dr. Archana Bhatt, Assistant Prof. in Home Science and the event was ended with forma vote of thanks by Dr. Pankaj Gupta. Others who also attended the programme were Dr. Chetna Gupta, Dr. Kamaldeep Singh, Dr. Jog
GDC Kathua	8 th	Today Principal GDC Kathua Prof Seema Mir along with senior faculty members felicitated Jammu University Vice Chancellor Commendation Certificated
Felicitates NSS	September	awardees. This year only eleven volunteers honoured with Vice Chancellor Commendation certificates from different colleges of Jammu division. Among
		eleven selected volunteers, six Volunteers belong to NSS Units of GDC Kathua. This certificate is given to the Volunteers for their Contribution to National
Volunteers.		Service Scheme in addition to regular programmes. Principal GDC Kathua presented a memento and certificate to the volunteers. Principal congratulates all
		volunteers for getting this achievement and bring laurels to this prestigious institution. Principal also congratulates NSS Program officers Prof Manmohar
		Singh, Prof Neha Bandral and Dr Suresh Sharma for this great achievement and appreciated their efforts to guide volunteers to get such achievements.
		Volunteers who got certificate and bring laurels for this prestigious institute are Miss Ritika Jasrotia, Miss Monika Devi , Mr Abhishek Singh Sumbaria, Miss Monika Devi , M
		Mohit Verma, Mr Imran Ali and Mr Abhi Kumar. The senior most faculty members who grace the occasion with their benign presence were Prof Raj Kirar
		Sharma, Dr Amrik Singh, Dr. Shamsher Singh, Dr Kamaldeep Singh and Dr Jogbinder Singh.
Digital Week 2023 Celebration	6 th September	Sept.06, 2023. Department of Computer Science Government Degree College, Kathua (Boys) organized a Poster Making Competionon theme "Digital Jammu & Kashmir" under the "Digital J&K Week 2023" celebration to generate awareness about various digital initiatives among students. The Digital week is aimed to bridge the digital divide among the people of Jammu and Kashmir and empower them to utilize digital technology for their personal and professional growth. The program was held under the patronage of worthy Principal Prof. Seema Mir. She enlightened students about the needs and benefits of using various digital schemes introduced by the J&K government. She laid emphasis on the importance of organizing such awareness programmes and since the internet is widely used by the people in their day to day lives, it is necessary to spread awareness among the students for safe and secure use of these platforms. She encouraged students to embrace digital literacy and safely equip themselves with the essential materials to get started with their digital journey. Dr. Rahul Sharma, Head, Department of Computer Science, deliberated about the various government schemes like BEAMS and JANBHAGIDARI

Department of	11 th	SARTHI VAHAN, eSHRAM portal, Mobile Dost App, Doorstep delivery of services etc, He encouraged the participants to make full use of these services and also laid emphasis on Cyber crime and security. Students across different streams participated in the event and discussed about various e-services provided by the various departments of J&K government. The collating of the event was done by Prof. Surbhi Gupta. Prof. Rahul Sharma concluded the programme by delivering the formal vote of thanks. The event was organized by the Department of Computer Science, GDC Kathua, Prof. Rahul Sharma (Convener), Prof. Anoop Sharma, Coordinators viz. Prof. Shiv Kumar(Organising Secretary), Prof. Surbhi Gupta, Prof. Bharat, Prof. Ashok Kumar & Prof. Pankaj Verma. The seminar was also attended by College faculty members including Prof. Raj Kiran, Prof. Rakesh Singh, Prof. Shivanikotwal, Prof. Pankaj Gupta and Prof. Chetna. The students of the college also participated in the Digital Week 2023 celebrations held at Town Hall, Kathua. In an effort to prevent the suicides and suicidal ideations among college students, Department of psychology GDC Kathua in collaboration with 2 JK Girls
psychology GDC Kathua launch "Green ribbon"campaign on World suicide prevention"	September	Bn NCC wing of GDC Kathua launch "Green ribbon" campaign on 11 September 2023 to observe "World suicide prevention day". The aim of this campaign is to raise awareness about suicide and how to support those who may be struggling, honor survivors and remember those who have died. Wearing or displaying a suicide awareness ribbon is just one way to show how important the issue of suicide prevention is to you. The whole program was conducted under the guidance and Supervision of Principal GDC Kathua Prof Seema Mir. Faculty members Prof. Raj Kiran, Dr. Kamaldeep Singh and Dr Jogvinder Singh Soodan were also present on the occasion. The program was organized by Dr. Rachna Devi (ANO and coordinator Psychologicalcounseling cell GDC Kathua) with the support of Dr Sumi Saidullah (Lecturer, department of Psychology GDC Kathua). More than 300 students from various semesters of undergraduate programs of GDC Kathua participated in the campaign. Volunteer students Miss Saivi, Neha Sharma, Ananya, Yogesh Sharma, Riya Sharma, lakshay Anand, Yashvee gotra, Shivali Jasrotia and Deepak Jyoti Distributed green ribbons to all participating classes and encouraged students to wear green ribbon throughout the day. By encouraging students to wear the green ribbon, students can show their support for the campaign and their commitment to influencing positive change in society through creating safe spaces for talking about mental health Principal GDC Kathua Prof Seema Mir said that it's fantastic that GDC Kathua is getting involved in green ribbon campaign to help tackle suicide cases among youth. Many young people still believe that mental health problems must remain hidden. We want to change this perception and encourage people to have open and honest conversations about mental health/ suicide. Simply by wearing a green ribbon, you are letting students know its ok to have a conversation about mental health/suicidal ideation with you. This small act can help start a conversation about suicide prevention and let others know that you are t
NCC Government Degree college Kathua Launches Campaign on Intensified Mission Indradhanush 5.0.	12 th September	NCC Cadets of 4 J&K Bn of GDC Kathua Launches Campaign on 2nd round of Intensified Mission Indradhanush 5.0, the Government of India is going to digitalize it and it will be named U-Win (win over vaccination). The Intensified Mission Indradhanush 5.0, held in three phases: from August 7 -12, September 11 - 16 and October 9 - 14, in all districts of J&K UT.In this campaign, children between the age group of 0 to 5 years and pregnant women who have been left out in vaccination are to be vaccinated. The cadets launch their campaign by conducting an awareness rally in Kathua on the importance of immunization. The rally aimed to overcome barriers including hesitancy, myths and taboos related to vaccination among the general public. They raised the slogan in support of importance of Immunization. Cadets also conduct door to door rally in the slum area of migrant labourer where they conducted an awareness drive among the female about the need of immunization to the pregnant women and children blow 5 years. During their campaign they elaborate to the masses that the Vaccination is being provided against eight vaccine-preventable diseases nationally, i.e. Diphtheria, Whooping Cough, Tetanus, Polio, Measles, severe form of Childhood Tuberculosis and Hepatitis B and meningitis & pneumonia caused by Haemophilus influenza type B; and against Rotavirus Diarrhoea. A total number of 30 cadets were present on the occasion. The whole activity was conducted under the supervision of ANO of the NCC unit Dr. Verinder Singh and under the able Guidance of Principal of the College Prof. Seema Mir.
HINDI DIWAS CELEBRATION	15 th September	Department of Hindi, Govt Degree College Kathua celebrated the "Hindi Diwas" on 15th September, 2023. The principal, GDC Kathua, Prof. Seema Mir was the chief guest of the event. The honorable Principal, addressed the gathering with her kind and valuable thoughts on the importance of Hindi language and the need to preserve it. The event commenced with the lightning of the lamp by the chief guest and senior faculty members. The Head of Department, Dr. Seema Devi, welcomed the dignitaries and threw light on the role of Hindi in our

day to day lives. Students wholeheartedly participated in the celebration of the "Hindi Diwas". The highlights of the event were Essay writing competition on the topic, "Hindi ka mahatva" and Nukkad Natak was also performed by the students. The certificate of participation was given to the participants. The winner of the Essay writing competition wereamaniyot got 1st prize, vishakhasaini got 2nd prize and palak got 3rd prize The judges for the event were Prof. Shubh Kumar HOD Sanskrit, Prof. Shamsher Singh HOD Urdu and Dr Poonam Kumari, HOD Dogri. The program concluded with the vote of thanks by Dr. Esha Verma, Assistant Professor in Hindi Career Counseling and Placement Cell of Govt. Degree College, Kathua organized a Career Awareness programme, in Collaboration with Employment Career 20th Counselling Cell GDC, Information cum Advisory Bureau, Department of Lifelong Learning, University of Jammu. A large number of students and faculty members participated September Kathua in in the event. The programme was started with kindling of lights by Prof. Seema Mir Principal, GDC, Kathua in presence of, Prof. Ramni Gupta from collaboration Department of Physics, University of Jammu, Dr. Harleen Kour from Department of Commerce, University of Jammu (special resource persons) Dr. Rewa with Department of Khajuria, Counsellor, EIAB, DLL, JU, Prof. Rakesh Singh, Convener Career Counselling Cell, Prof. Raj Kiran, Prof. Jasvinder Singh, Prof. Shivani Kotwal, Prof. Ritu Bhagat, Dr. Sumit Dubey and members of Career Counseling and Placement Cell, Dr. Anupma Arora, Dr. Pankaj Gupta, Dr. Roshan Lal, Life Long Learning (DLL), Dr. Renu, Prof. Neha Mahajan, Dr. Verinder Singh, Prof. Nisha Bhagat, Dr. Kamaldeep Singh, Dr. Jasvinder Singh, Dr. Himani Arora, Prof. Shiv Kumar. The program was conducted under the over all guidance of Prof Seema Mir, Principal and Dr. Jeewan Jyoti, Director Department of Lifelong learning University of Jammu conducts University of Jammu. Career Awareness Programme in GDC, Prof Seema Mir, in her address highlighted the importance of such programmes for the overall growth of students. She appreciated the role of Career Counseling and Placement Cell of the college in organizing such career awareness programmes for the students as they are worried about the employment Kathua. opportunities after graduation due to lack of awareness. She said that Career counselling focuses on helping students to understand their own self as well as the skills and talents inside them so that they can take an informed and wise decision about their career and education. She stressed upon students to take benefit of such activities organized by college, as such activities can shape their career. Prof. Rakesh Singh in his welcome address gave detail of various career awareness activities organized by the Career Counselling Cell of the college for the overall growth and development of students. He further said that choosing right career is very important in life because ultimate goal is not just to earn money but also to seek satisfaction in the long run. It is the well-planned career, which can help you find something which gives you satisfaction. He stressed upon students to attend such programmes besides regular class room activity as such programme can shape their future. Dr. Rewa Khaiuria, Counsellor, EIAB, DLL, JU highlighted the importance of Career Counselling to the students and motivated the students to join such programmes. She awared the students about various certificate courses available in Jammu University. She explained in detail the ways to chose right career in life based on their qualities. Dr. Ramni Gupta in her presentation, explained in detail to the students about various career options in Science Stream after graduation and postgraduation. Moreover, she elaborated in detail about the scholarship schemes which are available for pursuing higher education. Dr. Harleen Kour, in her presentation, apprised the students about various self employment schemes and stressed upon students to become job providers instead of job seekers. She explained in detail with the help of powerful power point presentation about various ways to attain self employment. Students interacted with both the resource persons and all the queries raised by the students were well answered by the resource persons. The proceedings of the programme were conducted by Dr. Anupma Arora. Dr. Pankaj Gupta presented formal vote of thanks. Among others who attended

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		the programme were Dr. Surya Partap Singh, Dr. Ambica, Dr. Upasana Andotra.
Declamation	22 nd	A Declamation Competition was held in Government Degree College, Kathua on 22nd September, 2023 in the Smart Classroom as part of Gandhi Jayanti
	September	celebration. The Theme of the Competition was 'Truth and Non-violence'. The chief guest for the occasion was the Principal of the College, Prof. Seema
Competition	September	Mir. She laid stress on the ideals of truth and non-violence where Non-violence is a weapon of the strong-willed. She also talked in length that how Non-
		violence and truth are inseparable and presuppose one another. They are generally considered to be the two key ingredients of Gandhian thought. She also
		congratulated the Committee for organising the competition successfully. A total number of 13 students participated in the competition from various
		semesters. The first prize was bagged by Vishal Gupta of semester IIIrd. The competition was adjudicated by Prof. Shubh Kumar, Dr. Chetna Gupta and Dr.
		Amita Dua. The members of the Literary/Debate/Symposium Committee which comprised of Prof. Shivani Kotwal, Convenor followed by Prof. Shubh Kumar, Co-convenor, Dr. Chetna Gupta, Dr. Amita Dua, Prof. Madhvi Manohar, Dr. Upasana Andotra, Prof. Manmohan Singh, Dr. Rachna (psy), Dr. Seema
		Devi, Dr. Shamsher Singh, Dr. Poonam, Prof. Kamaldeep Singh, Prof. Esha Verma, Dr. Eva Sharma, Dr. Nitasha Baloria and Prof. Rakhi Malhotra were also
		present during the competition. The event was anchored by Vishal Gupta.
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NCC Girl cadets	22 nd	Today on 22-09-2023, NCC unit of GDC Kathua 2JK Girls Bn., organized a poster making competition event under the
	September	celebration of "Cyber Security week" commenced from 18th September 2023. The day was observed under the guidance of
of GDC Kathua		worthy principal GDC Kathua Prof. Seema Mir and Supervision of ANO Dr. Rachna Devi. 40 NCC Cadets participated in
		the event and were made aware regarding the cyber crime security and prevention. Worthy principal GDC Kathua addressed
observes "Cyber		the cadets and informed them that cyber security is very important in every aspect of protecting an organization and its
Security week"		employees and assets against cyber threat. She further encouraged the cadets that if you don't want others to hack your
200011109 110010		system, then upgrade it before the others do and also other security hacks like change of passwords, privacy settings etc.
		Principal, GDC Kathua applauded the NCC Girl Cadets and Associate NCC Officer of Girls Wing of GDC Kathua. She
		further expressed immense pride in celebrating the "Cyber Security week" which has started from 18th September 2023 to
		23 rd September 2023.
NSS Units GDC	9 th	As per the routine activities of NSS, today NSS Units of GDC Kathua organized cleanliness cum awareness drive in the college premises. Volunteers
Kathua organised	^	started cleanliness and awareness drive in from the main gate of the college and later on this drive was conducted in the Girls Park, NSS Park, BCA Park,
Cleanliness Drive in	September	English Department Park, NCC Park and in the surroundings of administrative block of Gdc Kathua. Volunteers collected scattered waste in the form of
the college premises.		plastic, polythene and other wastes from the park and dispose off in the proper place. Volunteers also interacted with the students and appeal them to avoid
the conege premises.		use of polythene and single use plastic. Volunteers also appealed the students to become the youth ambassador of this campaign and conduct door to door
		awareness campaign regarding swacchbharat in their respective localities. Students make commitment with volunteers to organise same campaign in their
		respective localities also . This campaign was organised under Swacch Bharat Mission and Azadi ka Amrut Mahotsav. Principal Prof Seema Mir also
		interacted with the volunteers before launching this campaign and addressed and appealed them to carry on the same campaign of cleanliness cum
		awareness in other parks of the college also. She further appreciated the efforts of Volunteers and NSS Prog officers for taking such kind of initiatives. The
		event was organised under the patronage of Principal Prof Seema Mir and supervised by NSS Program officer Prof Manmohan Singh,Dr Neha Bandral and
		Dr Suresh Sharma. The faculty members Dr Verinder Singh, Dr Shamsher Singh and Dr. Jogbinder Singh Soodan Director Physical Education were
		witnessed the cleanliness cum awareness drive and appreciated the efforts of NSS volunteers
Bhrashtachar Mukt	6 th	Government Degree College organised a debate competition on 6 th September, 2023 to commemorate the theme 'Bhrashtachar Mukt Bharat'. The
Bharat'	September	principal of the College Professor Seema Mir was the chief guest on the occasion and Prof. Raj Kiran was the Guest of Honour in the event. The programme
	September	began with a formal welcome address given by the worthy Principal where she outlined the purpose and structure of the event. The chief guest
		complimented Prof. Shivani Kotwal, Convenor, Dr. Shub Kumar, Co-convenor and members of the Literary/Debate/Symposium Committee for organising
		the event. Speaking on the occasion of 'Bhrashtachar Mukt Bharat' which is being celebrated throughout the Union Territory from September 4 to 10,
		2023 the chief guest laid stress on the needto eradicate the menace of corruption which has engulfed the entire society. She talked about the importance
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		of corruption free society and advised students to not indulge in such malpractices in future.
		A total of 10 students from different streams participated in the competition. The event was judged by Dr. Shub Kumar, Head, Department of Sanskrit and Dr. Chetna Gupta, Department of English. The first prize was bagged by Vishal Gupta of Semester Illrd, second prize was given to Natasha Mehra of Semester Vth and third prize was bagged by Maroof Choudhary of Semester Vth. The event was appraised by various faculty members including Dr. Eva Sharma, Dr. Nitasha Baloria and Prof. Rakhi Malhotra. The event was anchored by Vishal Gupta. The event was concluded with a vote of thanks by Prof. Shivani Kotwal.
Gandhi Jayanti Celebrations 2023 by NSS	25 th September	As a part of series of activities to be carried out under Azadi Ka Amrat Mahostav and to commemorate Gandhi Jayanti Celebrations 2023, NSS volunteers GDC Kathua conducted campus cleanliness drive. The students cleaned the college campus and collected plastic garbage from every nook and corner of the college premises. They also carried out a campaign on 'Say No to Plastic' and emphasized to make the campus plastic free. Around 50 NSS volunteers participated in this cleanliness drive. On this occasion NSS volunteer Mr. Vishal Gupta addressed volunteers that cleanliness is most important for physical well-being and a healthy environment. He said it is essential for everyone to learn about cleanliness, hygiene, sanitation and various diseases that are caused due to poor hygienic conditions. Cleanliness ensures a healthy mind and physique. He added that It is not the responsibility of only one person rather it is the duty of every countrymen. He also told the students not to litter on the roads and go for clean and green environment to nurture it for the future generations. Other volunteers promised to abide by it. This drive was conducted under the Patronage of Principal Seema Mir and supervision of NSS Prog officer Prof Manmohan Singh, Dr. Neha Bandral and Neha Bandral.
District Level Declamation contest on Truth and non violence held in GDC Kathua on 26th September	26 th September	A District Level Declamation Competition was held in Govt. Degree College, Kathua on 25th September, 2023 on the theme, "Truth and Non- Violence" under the aegis of "Celebration of Gandhi Jayanti". The program was organised by the Literary Activities Committee of the college. The following are the winners of the competition: 1. Farhat Naz : GCW Kathua 2. Vishal Gupta : GDC Kathua 3. Ridika : GDC Hiranagar





National Nutrition Week Sponsored by J&K Science, Technology and Innovation Council celebrated in GDC, Kathua(9th September) NSS Volunteers felicitated (8th September)



NCC Launches Campaign on Intensified Mission Indradhanush 5.0. 12th Sept; 2023



NCC Girl cadets of observes "Cyber Security week 22nd September.

Career Awareness Programme (20th September)



Digital Week 2023 Celebration 6th September









Declamation Contest 22nd September



NSS Units GDC Kathua organised Cleanliness Drive in the college premises. (9th September)



Programme by NSS to Commomemorate Gandhi Jyanti (25th September; 2023)



District Level Declamation contest on Truth and non violence (26th of September, 2023)

Principal GDC, Kathua

ACTIVITIES CONDUCTED IN MONTH OF OCTOBER 2023

ACTIVITY-1

Cleanliness drive carried out in the campus under Swachhata Hi Seva campaign

October, 1, 2023: In continuation to its activities under Swachhata Hi Seva (SHS) campaign, NSS Volunteers of GDC Kathua organised cleanliness drive in out the campus under Ist October Nationwide campaign "Ek October, Ek Ghante Ke Liye, Subah Dus Baje Se, Swacchta Ke Liye Kare Shramdaan". Principal GDC Kathua, Prof. Seema Mir accompanied with Staff members, NSS Programme officers and NSS volunteers launched this cleanliness drive in the college campus. The cleanliness drive was conducted near college auditorium Geography Department, Girls Park, administrative block and NSS Park. Plastic and polythene and other waste material was collected from this area and later on volunteers dispose of the waste material in a proper place. After conducting cleanliness drive in the college campus, Volunteers conducted cleanliness drive in the NSS adopted village Bhagthali Panchayat Jarai, block Nagri, Kathua. Volunteers conducted cleanliness drive and door to door campaign in the village. A large number of participation from the villagers, boost the morale of the volunteers. The event was culminated with the Swacchta pledge. Senior most volunteer Meeankshi Bakshi read out the pledge. The event was organised under the patronage of Principal Prof. Seema Mir and under the supervision of NSS POs Prof. Manmohan Singh, Prof. Neha Bandral, and Dr. Suresh Sharma.



National Wild life Week celebrated in GDC, Kathua

October 6, 2023: A series of activities sponsored by J&K Science, Technology and Innovation Council were held in GDC, Kathua today on 6th of October 2023 to celebrate the National Wild Life Week. The activities were organized by Ravi Eco Club and Science Club of the College included Guest Lecture by Mr. Amit Sharma Wild life Warden, Jambo Zoo and Poster Making Competition. The event was organized under mentorship of Principal, GDC, Kathua Prof. Seema Mir and with coordinated efforts of Ms. Sunita Razdan, Joint Director J&K Science, Technology and Innovation Council, Prof. Rakesh Singh, Convener, Science Club, Dr. Deepshikha, Convener Ravi Eco Club and Dr. Pankaj Gupta Organizing Secretary and Nodal Officer. The organizing committee members Dr. Surya Partap Singh, Dr. Suresh Sharma, Prof. Neha Mahajan, Prof. Surbhi Gupta, Prof. Neeru Sharma, Dr. Verinder Singh, Prof. Ram Krishan, Prof. Nisha Bhagat also played a crucial role in successful organization of the different activities. More than 100 students participated in the Guest Lecture and the poster making competition.

The event was started with the kindling of lights by Chief Guest, Prof. Seema Mir in presence of Prof. Rakesh Singh, Mr. Amit Sharma, resource person, Prof. Jaswinder Singh, Prof. Raj Kiran, Dr. Pankaj Gupta, Dr. Deepshikha Sharma, and Dr. Anupama Arora.

Speaking on the occasion, Prof. Seema Mir, Principal, GDC, Kathua stressed that such type of awareness programmes/activities are very important at this time to increase the awareness among the common mass regarding the role of wildlife in maintaining nature's equilibrium. Any damage done to wildlife over a prolonged period of time endangers the entire ecosystem. She further appreciated the efforts put by Ravi Eco Club and Science Club in organizing these activities and also thanked J&K Science, Technology and Innovation Council for sponsoring the event. She further said that the festivities coincide with the birth anniversary of Mahatma Gandhi, which further reinforce amongst us the principles of non-violence and compassion for all living beings. The choice of dates for Wildlife Week, spanning from October 2 to October 8, holds deep symbolism. Prof. Rakesh Singh Convener of the Whole event exytended warm welcome to the Chief Guest, Resource Person and all the participants. He said that such type of awareness programmes/activities are very important at this time. He further pointed out that, The theme for this year's Wildlife Week, "Preserving Our Natural Heritage," reminds us that the Earth's biodiversity is not just a collection of species; it is a legacy that we must safeguard for future generations. Our wildlife, whether on land, in the oceans, or soaring through the skies, plays a vital role in maintaining the delicate balance of our ecosystems. The celebration of the 69th Wildlife Week, a significant event aimed at raising awareness about the importance of wildlife conservation in India. He encouraged the

participants to engage actively throughout this Wildlife Week, participate in discussions, ask questions, and share their thoughts and ideas. Let us use this platform to learn from one another and to inspire positive change.

Resource person Mr Amit Sharma delivered a very informative talk on "Human Wildlife Conflict and New Jambu Zoo" In the power point presentation, he emphasized that human-wildlife conflicts are becoming more frequent, serious and widespread as human populations grow and habitats are lost. Moreover, he highlighted that effectively managing human-wildlife conflicts protects communities, stops conflicts escalating, builds trust in conservation and avoids retaliation against wildlife.

In the Poster making competition, twenty students participated and the Ist position was secured by Sumanshi, (Sem-Vth), whereas Vishal Gupta (sem-IIIrd) and Rupali Jasrotia (sem-Vth), got 2nd and 3rd prizes respectively. However, Kamakshi (Sem-Vth), Kanika (Sem-IIIrd) and Arpita (Sem Vth) received Consolation prizes. The Jury members for Symposium were Dr. Anupma Arora, Dr. Roshan Lal and Prof. Surbhi Gupta.

At the very outset Dr. Deepshikha Sharma, convener Ravi Eco Club introduced the theme and objectives for celebration of National wild Life week and appeal the participants to protect and preserve India's Flora and Fona through heart and soul.

The proceedings of the event were jointly conducted by Dr. Deepshikha Sharma and Ms. Minakshi Bakshi. The event was ended with the formal vote of thanks by Dr. Pankaj Gupta, Assistant Professor in Chemistry. Others who also attended the programme were Dr. Kamaldeep Singh, and Prof. Jagdish.



Amrit Kalash Yatra conducted by the NSS volunteers

Under Meri Maati Mera Desh nationwide campaign, NSS Units GDC Kathua organized "Amrit Kalash Yatra" in college campus. NSS volunteers and students of college collected soil from different corners of college and collected it in Kalash along with rice bring by students. Yatra was flagged off by in-charge principal Prof Rajkiran Sharma along with senior faculty members and NSS program officers. Yatra commenced from college auditorium, where all the volunteers put soil collected by them in Kalash. NSS program officer Dr. Suresh Sharma addressed volunteers about importance of this Yatra. He said that this 'Amrit Kalash Yatra' aimed to carry soil in 7500 urns from every corner of the country and will reach Delhi. This journey will also carry with it saplings from different parts of the country. 'Amrit Vatika' will be built near the National War Memorial by fusing the soil and saplings that would arrive in New Delhi. This 'Amrit Vatika' will also become a grand symbol of 'Ek Bharat Shrestha Bharat'. 'Amrit Kalash was carried by NSS volunteer Mr. Vishal Gupta. Yatra while passing through college campus raised slogans of national integration and unity. This yatra was followed by pledge ceremony in which senior faculty members, NSS program officers, volunteers and students of college participated. Pledge was read out by NSS volunteer Ms Minakshi Bakshi and all participants pledged for working day and night for strengthening the integrity in the country. Yatra was culminated near college entrance gate. This event was witnessed by Prof. Rajkiran Sharma, Prof. Jasvinder Singh, Prof. Shubh Kumar and Dr. Deepshikha Sharma. Event was organized under the guidance of principal of college Prof. Seema Mir and under supervision of NSS program officers Prof. Manmohan Singh, Dr. Suresh Sharma and Dr. Neha Bandral.



Field Trip to Jasrota Wild Life Sanctuary organized by GDC, Kathua

In an effort to promote wildlife conservation and raise awareness about the value of protecting India's natural heritage, Science Club and Ravi Eco Club of GDC Kathua organized a field trip sponsored by J&K Science, Technology and Innovation Council for students at Jasrota Wildlife Sanctuary. The field trip was organized under the mentorship of Principal, GDC, Kathua Prof. Seema Mir and with coordinated efforts of Ms. Sunita Razdan, Joint Director J&K Science, Technology and Innovation Council, Prof. Rakesh Singh, Convener, Science Club, Dr. Deepshikha, Convener Ravi Eco Club and Dr. Pankaj Gupta Organizing Secretary and Nodal Officer.

More than 50 enthusiastic students participated in the field trip to Jasrota Wild life Sanctuarty. The trip was flagged off by Principal GDC Kathua in presence of Prof. Rakesh Singh, Convener, Prof. Raj Kiran, Dr. Deepshikha, Dr. Pankaj Gupta, Prof. Shub Kumar, Dr. Surya Partap Singh, Prof. Surbhi Gupta, Dr. Suresh, Dr. Kamaldeep, Dr. Amrik and Prof. Neeru Sharma. The students remained very enthusiastic during the entire trip, visited various locations and observed a variety of Fauna and Flora inside the sanctuary.

Prof. Seema Mir, Principal, GDC, Kathua stressed that such type of trips are very important to increase the awareness among the common mass regarding the role of wildlife in maintaining nature's equilibrium. She appreciated the efforts put by Science Club and Ravi Eco Club in organizing the field trip and also thanked J&K Science, Technology and Innovation Council for sponsoring the event. Prof. Rakesh Singh, convener Science Club, threw light on the importance of biodiversity and role of every individual in its conservation. Dr. Pankaj Gupta, encouraged the students to reap maximum benefit out of this field trip. Whereas, Dr. Deepshikha convener, Ravi Club elaborated the students during the trip about the various species of plants and animals present in the sanctuary. Faculty members who escorted with the field trip include Dr. Deepshikha Sharma, Dr. Pankaj Gupta, Prof. Surbhi and Dr. Suresh.





GDC Kathua inaugurates 50 hours Skill Based Training Program on Mutual Fund

October 7, 2023: Career Counselling and Placement Cell, Govt Degree College Kathua in collaboration with Bombay stock exchange ltd launched 50 hours Skill Based Training Program in Mutual Fund. A formal launch of the program was held on 7th October, 2023 at Smart Class room of Govt Degree College Kathuaunder the overall supervision of Prof. Seema Meer, Principal GDC Kathua. The launch of the program was attended by Prof. Rakesh Singh, Convener Career Counselling and Placement Cell GDC Kathua; Prof. Raj Kiran; Sh Ravi Kumar, Master Trainer Bombay Stock Exchange; Mr. Jasbir Badhan, Distt Coordinator; members of Carrier Counseling and Placement Cell Dr. Anupama Arora, Dr. Pankaj Gupta, Dr. Roshan Lal, Prof. Rahul Sharma, Prof. Shiv Kumar, Prof. Neha Mahajan, Prof. Himani, Dr. Jasvinder Singh, Dr. Verinder Singh, Prof. Nisha and Prof Natasha Balloria.

Prof. Seema Mir, Principal GDC Kathua stressed on the need of such type of skill courses for the younger generations for self-employment which is also the demand of NEP-2020. She congratulated the Convener and members of career counselling and placement cell for taking this initiative by collaborating with BSE.

Prof. Rakesh Singh, Convener, Career Counselling and placement cell welcome the participants and in his welcome address he made the students aware about the course and said that this program has been designed to attract bright young graduates/doing graduation who want to build a career in Banking Industry/Mutual Fund.

Speaking on the occasion, Prof. Raj Kiran Sharma who addressed the maiden batch of over 50 students said that this training program is designed for upgrading skills of youth in non-conventional economics sector like banking and financial services having high employability potential.

Resource Person of the event Sh. Ravi Kumar highlighted the role of Mutual fund Industry in India and across the world. He made the participants aware that after joining this course they shall be eligible for registration under National Institute of Security Markets (NISM). NISM certificate is mandatory for any Bank related Job. Moreover various employment opportunities in the financial sector were also discussed in his deliberations. Mr. Jasbir Badhan, Distt Coordinator, in his deliberations discussed various employment opportunities in the financial sector. He asked the students to take benefit from such programs which are offered free of cast to students by BSE. The proceedings of the program was nicely conducted by Prof. Himani Arora and the event was ended with the formal vote of thanks by Dr. Pankaj Gupta.







World Mental Health day celebrated at GDC Kathua

With the idea of increasing awareness among college students about various mental health issues, Psychological counseling cell Department of Psychology GDC Kathua, today on 10-10-2023 organised a lecture cum interactive session On the occasion of "World mental health day". It is observed on 10th October every year, with the objective to raise awareness of mental health issues around the world and to mobilize efforts in support of better mental health. The subject of world Mental Health Day 2023 is "Mental Health is a universal Human Right" which serves as a reminder to everyone on the planet to raise awareness, advance understanding and encourage action that will protect and advance everyone's right to ,mental health. The whole program was conducted under the guidance and supervision of worthy Principal GDC Kathua Prof. Seema Mir. The program was organised by Dr. Rachna Devi (HOD Psychology), Dr. Kamal Deep Singh (HOD Punjabi), Dr. Sumi Saidulla and Dr. Komal Sharma. Senior faculty members Dr Jaswinder Singh (HOD Physics), Dr Ram Singh (HOD Education) and Dr. Chetna Gupta Department of English were present during the occasion along with Dr. Neha Mahajan (H.O.D. Biotechnology), Dr. Mateen Hafiz, Dr. Kamini Kapoor and Prof. Shurbhi Mahajan. The guest speaker was DR. Rajesh chandel, who is currently working as AP in the Department of Psychiatry GMC Kathua. He emphasized on various causes, symptoms and management of major and minor psychiatric disorders. He further explained about promoting positive mental health by using mindfulness, hopefulness, optimism and using various relaxation techniques. More than 120 students and faculty members attended this session. Speaking on the occasion Principal of the College Prof. Seema Mir emphasized upon organizing awareness programmes especially for youth being more vulnerable to psychological problems. She further stated that said that mental disorders are very prevalent in younger generation these days resulting in enormous emotional suffering and a diminished quality of life along with alienation, stigma and discrimination.



GDC Kathua NCC Cadets Brought Laurels to the State

October 13, 2023: NCC cadets of GDC Kathua who represented UT of Jammu and Kashmir at Thal Sainik Camp Delhi and represented India in Youth Exchange Program Kazakhstan felicitated by the worthy principal GDC Kathua, Prof. Seema Mir in a ceremony held on 13-10-2023.

GDC Kathua NCC cadets brought laurels to the state by participating in various events held at national and International level. SUO Rhythm Mahajan of (4 JK BN NCC Jammu) of GDC Kathua had represented INDIA in Youth Exchange Program Kazakhstan from 12 Aug to 20 Aug 2023. It had given him opportunity to meet various dignitaries of that nation and visiting their Military Department of East Kazakh Region, which gave him great exposure and enhanced his personality. JUO Palvi Thakur and Sgt. Niketa Raina of 2JK Girls Bn of GDC Kathua, Cadet Narayan Sharma and Cadet Lucky Jasrotia of (4 JK BN NCC Jammu) of GDC Kathua has represented JK&L at Thal Sainik Camp from 18 Sep to 29 Sep 2023 at Delhi. They participated in Map reading competition, obstacle training, Quiz competition and also met vice chief of Army staff and gained lot of exposure during their camp.

Addressing the NCC cadets, Principal GDC Kathua appreciated their extraordinary performance and exhorted the NCC cadets to work with dedication and sincerity. She told the cadets to motivate and be a role model for others to emulate. Principal GDC Kathua also congratulated the NCC Officers Dr. Rachna Devi and Dr. Verinder Singh for their hard work and dedication due to which NCC cadets got such achievements at National level and International level.



Awareness Program on RTI Act 2005 and PSGA 2011 held in GDC Kathua

NAAC & IQAC of Govt Degree College Kathua in collaboration with Distt Legal Services Authority Kathua organized an awareness program on Right to Information Act 2005 and Public Services Guarantees Act 2011 which was attended by more than 100 participants. The event was organized under the mentorship of Principal, GDC, Kathua Prof. Seema Mir and with coordinated efforts of Prof. Rakesh Singh, Convener & NAAC Coordinator, Prof. Jasvinder Singh, IQAC Convener, Dr. Ram Singh Co-Convener and Dr. Pankaj Gupta, Organizing Secretary. The event was started with the kindling of lights by resource persons Ms Puneet Kumari, Deputy Chief Legal Aid Défense Council, Adv Neeraj Kumar Asstt. Legal Aid Défense Counsel Distt Distt Legal Services Authority Kathua in presence of senior faculty members Prof. Rakesh Singh, Coordinator NAAC, Prof. Jaswinder Singh, IQAC Co-ordinator, Prof. Raj Kiran, Dr. Ram Singh, and Dr. Pankaj Gupta. The organizing committee members Dr.Roshan Lal, Dr. Suresh Sharma, Prof. Neha Bandral, Prof. Himani Arora and Dr. Kamaldeep Singh also played a crucial role in successful organization of the event.

Prof. Seema Mir, Principal GDC Kathua stressed on the need of such type of awareness programs for the younger generations as they are very important at this time to increase the awareness among the common mass to ensure good governance and accountability of public authorities. She congratulated the Convener and members of organizing team for taking this initiative by collaborating with Distt Legal Services Authority Kathua .

Prof. Rakesh Singh, Coordinator NAAC and Convener of the event in his welcome address made the participants aware about the RTI act 2005 and PSGA 2011. He said that the aim of this program was to make participants aware about the salient features of the RTI act, 2005 and Public safety guarantee act 2011. Moreover, he encouraged the participants to take benefit from such programs and disseminate the knowledge gained among society at large.

Resource Person Advocate Neeraj Kumar, delivered a very informative talk on right to information act 2005. He talked in detail about the objectives, intentions and procedures of the law. He also awared the participants about the remedies under the Act. He very beautifully explained that corruption can be eradicated from the society by proper utilization of this act by the people. He however also gave a word of caution for not misusing the provision of the act for deriving personal benefits.

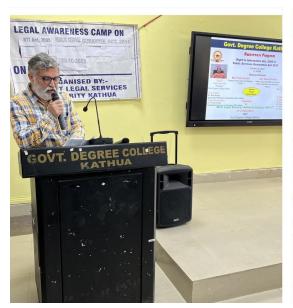
Ms. Puneet Kumari in her deliberations about Public services Guarantees Act 2011 made the participants aware of procedure to appeal under law. She spoke about the ways to implement the law in a time bound manner. She also emphasized that participants

have a more responsibility to further disseminate the knowledge and help the common masses. The students were very enthusiastic during the event and the queries raised by them were very nicely responded by the resource persons.

The proceeding of the program was nicely conducted by Prof. Neha Bandral. A vote of thanks was extended by Dr. Pankaj Gupta, Assistant Professor in Chemistry. He thanked all the participants for attending the program and assured every possible help to the community for the awareness of the RTI act 2005 and Public Service Guarantee Act 2011. Others who attended the programme were Prof. Rahul Sharma, Prof. Jagdish, Prof. Bharat and Prof. Anil Kumar.









GDC Kathua Celebrates UT foundation day 2023

In a bid to showcase all the positive changes that have taken place since the creation of Jammu and Kashmir as a Union Territory four years ago, Science Club of GDC Kathua, under the patronage of College Principal Prof. Seema Mir and under the aegis of Higher education department, organized College Level and Distt Level activities to celebrate UT Foundation Day of Jammu & Kashmir. The distt Level event on 28th October 2023 was inaugurated with the kindling of lights by Prof. Raj Kiran I/C Principal, Prof. Jaswinder Singh, IQAC Coordinator, Dr. Pankaj Gupta (Organizing Secretary), Prof. R. K Pandita, Prof. Sanjeev Gupta, Prof. Shivani Kotwal, Dr. Ram Singh, Dr. Deepshikha Sharma, Dr. R. K. Manhas, Dr. Anupama Arora along with other senior faculty members.

The activities organized by the College included Essay writing competition, Photography competition, Painting and Videography competition under the theme "Badalta Jammu Kashmir: Aman aur Taraqqi ki Nayi Tasveer". Students from the colleges of Distt Kathua viz. GCW Kathua, GDC Marheen, GLDM DC Hiranagar, GDC Ramkote, GDC Billawar, GDC Basohli, GDC Mahanpur along with the Host College Participated with great enthusiasm.

Principal Prof. Seema Mir, Principal GDC Kathua highlighted the positive changes that have taken place since the creation of Jammu and Kashmir as a Union Territory. She noted that the UT administration had carried out a number of extensive reforms and social programmes over the years, allowing J&K to significantly improve its services and infrastructure. While appreciated the role of Organizing team, Prof. Seema Mir congratulated the winners of each activity.

Prof. Rakesh Singh, Convener Science Club, encouraged participants to avail this opportunity to express themselves about the change they have witnessed during this period. He reiterated the people centric approach and urge to reach them to make them part of the wave of progress and development.

Speaking on the occasion Prof. Raj Kiran Sharma, Chief Guest of the event praised the efforts of organizing team in organizing this dist level event. She highlighted the development activities carried out in the college and UT during last four years. She encouraged the students to actively participate in the activities which are extremely important for inculcating the spirit of patriotism.

At the outset, Prof. Shivani Kotwal, Convener Debate and Symposium Committee in her welcome address introduced the theme of the event and welcome the Chief Guest, Guest of Honour, Participating students and faculty from the Host college and participating institutions.

In the Essay writing Competition, the first position was clinched by Ragni Devi of GDC Kathua whereas second and third positions were bagged by Konika of GDC Marheen and Riya of GDC HIranagar resp. The event was judged by Dr. Deepshikha, Dr. Ram Singh and Dr. Chetna Gupta. Prof. Shivani Kotwal and Prof. Shub Kumar were the incharge of the event.

In the painting contest, Tania Rajput of GDC Kathua grabbed the first position whereas 2nd and third positions were clinched by Lovely Thakur of GDC Ramkote and Rawani Jasrotia GDC Hiranagar respectively. The contest was adjudged by Dr. Anupama Arora, Dr. Ambica Sharma and Dr. Ambica Rajput. Prof. Rakesh Singh and Dr. Pankaj Gupta were incharge of the event.

In the Photography competition, the first position was clinched by Rahul Singh of GDC Kathua whereas second and third positions were bagged by Susheel Kumar of GLDM DC Hiranagar, and Tinia Rajput of GCW Kathua. The Jury members of the event were Prof. Amrik Singh, Prof. Kaurab Singh & Prof. Jagdish Lal. Dr. Verinder Singh and Dr. Rachna were the incharge of the event.

In the videography contest, Lakshmi Devi GDC Kathua grabbed the first position whereas 2nd and third positions were clinched by Lalit Verma of GDC Basohli, and Shubam Kumar of GDC Marheen respectively. The contest was adjudged by Prof. Madhvi Manohar Lal, Dr. R. K. Manhas, and Prof. Sunita Devi. Dr. Suresh Sharma and Prof. Neha Bandral acted as the incharge of the event.

In the valedictory, the chief guest, guest of honour, other dignitaries and jury members distributed the trophies to the winners. The proceedings of the event were nicely conducted by Alisha and Ananya, NSS Volunteers. At the end, Dr. Pankaj Gupta, Assistant Professor in Chemistry and Organizing Secretary expressed gratitude to Chief Guest, Guest of Honour, all attendees, participants and contributors.

The whole event was organized under the overall supervision of Prof. Seema Mir, Principal, GDC Kathua and by the combined efforts of Prof. Rakesh Singh, Convener, Dr. Pankaj Gupta, Organizing Secretary, and members of organizing team Dr. Roshan Lal, Prof. Shivani, Dr. Shub Kumar, Dr. Suresh, Dr. Neha, Dr. Verinder Singh, Dr. Rachna Devi and Prof. Neha Mahajan. Among others, who are present in the occasion were Prof. Himani, Prof. Manmohan Singh and Prof. Ritu Raj.



Principal GDC, Kathua