



NCC Cadets of 4 J&K BN of GDC Kathua participated in Intercollegiate Debate Competition on the topic Drug Addiction on 9/04/2023.



Cadets of 4 J&K BN NCC of GDC Kathua presented guard of honor to GOC on his retirement in Sainik School, Nagrota on 17/04/2023.



NCC GDC Kathua organizes Poster Making & Essay Writing Competition



TOP NEWS REPORT

KATHUA, Jun 4: NCC Cadets of 4 J & K BN of Government Degree College Kathua Organised Poster Making and Essay Writing Competition on 03/05/2023 on the theme Plastic Free India, Bad Effects of Plastic and Plastic Ban for Future.

The Activities were conducted under the Aegis of Puneet Sagar Abhiyan and World Environment Day. A Total Number of 20 Cadets were participated in the event. Cadet Lucky Jasrotia stood first, Cadet Kartik Majotra stood Second and Third place bagged by Cadet Akshya.

The Principal of the College Prof Seema Mir was the Chief Guest on the Occasion. She felicitated the winners of the Competition.

In her address she said that NCC Cadets of GDC Kathua always shows their active participation in all the activities. She added that the littering of plastics in open spaces creates unhygienic conditions, as it acts as a breeding ground for insects and mos-

quitoes that cause diseases like malaria and dengue. Plastics do not undergo degradation, thus, stay in the soil for many years, which affects soil fertility and degrades the soil quality. She also added that When plastic artefacts enter the drainage and sewerage system, they block the pipes and the drains causing waterlogging. She said that there are primarily three ways of managing plastics: Reduce, Reuse, Recycle Plastic.

She advocated that it is the responsibility of all the members of the Society to Keep their surroundings Plastic Free. She also advised the NCC Cadets that they should spread the message of Plastic Free India in every nook and corner of the society. She applauded the efforts of ANO of the unit Dr Verinder Singh for his tireless efforts in conducting the massive drive for making plastic free India.

Others who present on the occasion were senior Faculty Member Prof Raj Kiran, Dr Rachana ANO Girls Wing and Dr Amrik Singh ANO Naval Wing.

NCC Cadets of 4 J&K BN of GDC Kathua organized Poster making competition on the theme Plastic Free India on 3/05/2023.



NCC Cadets of 4th J&K BN of GDC Kathua participated in Plastic Free Forest Campaign launched by Forest Department of Kathua on 08/05/2023.



Cadets of 4 J&K BN of GDC Kathua created awareness among the locals of Kathua town regarding the Plastic Free India and its bad effects.



JUO Jattin Singh cadet of GDC Kathua felicitated by the Administration of Kathua for attending PM Rally of Republic Day Camp 2023 held at New Delhi.



ीसी ने मिशन इंद्रधनुष **5.0 के दूसरे** दौर का अभियान किया



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मिशन इंद्रधनुष ५ . 0 के दूसरे दौर के अभियान के तहत आयोजित जागरूकता रैली में भाग लेते एनसीसी कैडेट्स। (अर्जुन शर्मा)

कठुआ में जागरूकता रैली निकालकर अपने अभियान की शुरुआत की। रैली का उद्देश्य आम जनता के बीच टीकाकरण से संबंधित झझिक. मिथकों और वर्जनाओं सहित बाधाओं को दुर करना है। उन्होंने टीकाकरण के महत्व के समर्थन में नारा लगाया। कैडेटों ने प्रवासी मजदुरों की झुग्गी बस्ती में घर-घर जाकर रैली भी निकाली, जहां उन्होंने गर्भवती महिलाओं और 5 वर्ष से कम उम्र के बच्चों के टीकाकरण की आवश्यकता के बारे में महिलाओं के बीच जागरूकता अभियान चलाया।

अपने अधि बताया कि योग्य बीमा जा रहा है. पोलियो. र बी का गंभी कारण होने बी और रोत इस अवस थे। पूरी गरि वेरिंदर सिंह प्रोफैसर सी की गई।

NCC Cadets participated in Rally under Mission Inderdhanush 5.0 on 19/09/2023



सवेरा न्यूज/कुलदीप शर्मा

कठुआ, 14 अक्तूबर : गवर्नमैंट डिग्री कॉलेज (जीडीसी), कठुआ के एनसीसी कैडेट, जिन्होंने थल सैनिक कैंप दिल्ली में केंद्र शासित प्रदेश जम्मू कश्मीर का प्रतिनिधित्व किया और यूथ एक्सचेंज प्रोग्राम कजाकिस्तान में भारत का प्रतिनिधित्व किया, को आज जहां कॉलेज में आयोजित एक सादे समारोह में कॉलेज मिलने और पूर्वी कजाख के उनके सैन्य विभाग का दौरा करने का अवसर मिला था। वहीं जीडीसी कठुआ की 2जेके गर्ल्स बटालियन की जेयूओ पत्वी ठाकुर और सार्जेंट निकेता रैना, जीडीसी कठुआ की (4 जेके बीएन एनसीसी जम्मू) के कैडेट नारायण शर्मा और कैडेट लकी जसरोटिया ने 18 सितंबर से 29 सितंबर 2023 तक दिल्ली में थल सैनिक कैंप में जेकेएंडएल

GDC Kathua Felicitated SUO Rhytham Mahajan for attending Youth Exchange Programme at Kazakhstan and JUO Pallavi Thakur, Sgt Nikita Raina, Cadet Narayan Sharma, Cadet Lucky Jasrotia for attending Thal Sainik Camp at New Delhi on 14/10/2024.



NCC Cadets of GDC Kathua Observed Cyber Security Week from 18th September 2023 to 23 September 2023 on 22/09/2023.



Cadets of 4 J&K BN of GDC Kathua participated in 10 day camp on Disaster Management which is organized by MH Jammu from 18 Sep to 28 Sep 2023.











NCC Cadets of 4 J & K BN of GDC Kathua Celebrated NCC Day 2023 on 25/11/2023. A series of activities were organized on the occasion like Patriotic Song, Flute Plying, Poetry Recitation and Documentary on Indian Army: A Life Less Ordinary.



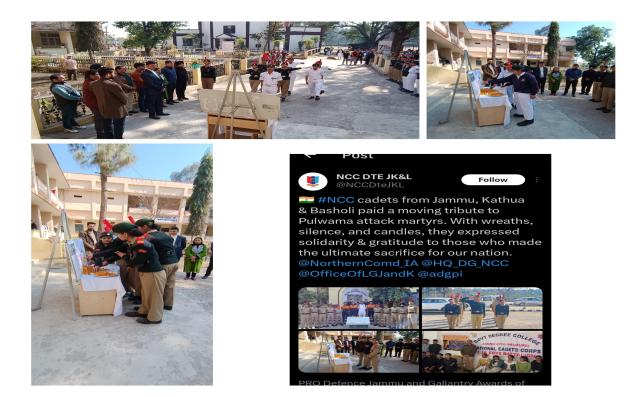
NCC Cadets of 4 J&K BN of GDC Kathua conducted awareness rally on Clean India Green India, use of Dustbins and Cleaning of Water Bodies.



NCC Cadets of GDC Kathua celebrated Armed Forces Flag day by collecting funds/donation from the staff and General Public of Kathua town on 07/12/2023.



NCC Cadets of 4 J&K Bn of GDC Kathua present Guard of Honour to Dr. Jatinder Singh Union Minister of State (IC) for Science and Technology, Earth Science, and PMO on the occasion of Ram Pal Trust Symposium on the topis "Women at Workplace: Issues and Challenges" held at GDc Kathua on 23/12/23.



NCC cadets of GDC Kathua paid tribute to Pulwama Martyrs on 14/02/2024.



NCC Contingent of 4 J&K BN of GDC Kathua participated in Republic Day Parade on 26th January 2024 at Sports Stadium Kathua.

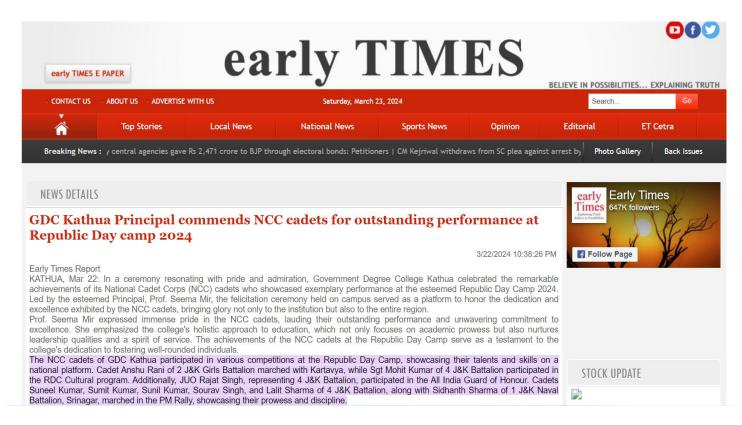


NCC "B" and "C" certificate examinations held at GDC Kathua on 18/02/2024 & 03/03/2024 respectively.



Cadets of 4 J&K BN NCC of GDC Kathua present guard of honor to (Prof.)Dr. Yasmeen Ashai, Director Colleges, Department of Higher Education, J&K on the occasion of Inaugural Day of first International Conference on Health, Fitness, Yoga, and Sports Science (ICHFYSS) held at Government Degree College Kathua on 05/03/2024.





NCC Cadets of GDC Kathua felicitated by Principal and Faculty Members for attending Republic Day Camp 2024 held at New Delhi on 22/03/2024.

On 12th April 2023: NSS Unit GDC Kathua organizes Symposium on "Say No to Tobacco and Drugs"

NSS units of GDC Kathua organizes Symposioum on 'Say No To Tobacco & Drugs'



REFUGEE MESSAGE BUREAU and third position in the JAMMU, APR 12

under the natronage of

competition. Miss Yashvee Gupta, Shallu Jan-NSS Units of GDC Kathua gral and Bhumi Mahajan were acknowledged with

On 8th May 2023: NSS Units GDC Kathua celebrated World Red Cross Day



On 9th June 2023: NSS Volunteers organized a series of activities under the theme of "Say no to Tobacco, Say no to single use plastic and polythene.



On 29th & 30th June 2023: NSS Vounteers beautifying the building at Lakhanpur with vibrant painting depicting dogri culture.



NSS Units of GDC Kathua organised farewell function

KHALSA EXPRESS NEWS
KATHUA, JUL 15: NSS
Units of GDC Kathua
organised farewell function
for the outgoing NSS
Volunteers of 6th semester
in the college audotorium.
The day was a fiesta devoted to the years spent together with friends and teachers, to
reminisce joyous
moments.

The audiorium was festooned with decorations. Being a colorful affair, the farewell bash rocked the day for all the party attendess. The eye catching moments were the dance performances of the students. Dr. Neha Bandral NSS, PO welcomed the cheif guest of the ocassion. Principal GDC Kathua, Prof. Seema Mir with flower bouquet and warmly welcomed all other senior faculty present.

The programme started with the lighting of the traditional lamp by the Principal GDC Kathua, Prof. Seema Mir along with senior faculty members Prof. Raj Kiran Sharma, Head Dept of Physics, Prof. Jaswinder Singh, Associate Professor



Department of Physics snd Prof Shub Sharma Head Department of Sanskrit. Principal Prof Seema Mir adressed the volunteers and blessed the outgoing volunteers for their bright future.

She assured the volunteers that they will always get support and guidance of college even after they would leave this prestigious institute. She encouraged them by saying that never compromise with your principles and abide by the moral values and discipline they have leave from the college.

have learnt from the college.

The event was followed up by various cultural activities by the volunteers including Group Dances, Singing & Solo Dances

organized by the volunteers for their senior volunteers. Prof Manmohan Singh NSS officer also Program addressed the volunteers and appreciated their arrangement of the programme. He added that farewell party is celebrated not to just to say goodbye to the friends, as they step into a new realm of life. It also a commemoration to celebrate all the good times together and wishing the best for the future. Along with this, the 6th sem volunteers narrated their experience in the NSS Family during the college time to the junior volunteers and some students also get emotional remembering their past days.

5th August 2023: NSS Volunteers took part in a Marathon as part of Youth Fest





On 10th August 2023: A plantation drive was conducted at NSS adopted village Bhagthali under "meri mart mera desh" campaign.



On 12^{th} August 2023: NSS units of GDC Kathua organized Symposium on "Role of Youth in Nation Building"

GDC Kathua organizes symposium on "Role of Youth in Nation Building"

REFUGEE MESSAGE BUREAU

KATHUA, AUG 12

In observance of 2023 International Youth Day, Red Ribbon Club GDC Kathua in collaboration with NSS Units GDC Kathua organized a symposium on the topic "Role d of youth in nation building". More than 20 voln unteers expressed their views and highlighted the f- constraints faced by youth lash Sharma Head Departin this digital world. They were of the opinion that Dr. Shamsher Singh, Head gram officer Dr. Suresh youth is the most impor- Department of Urdu. Jury tant asset of any country members also shared their and have very important views on this occasion. and Bhumi Mahajan today hold the potential to tional and mental health shared first prize in the inspire change, can make trauma. Therefore, it is . The other participants bilities, they must work they hold the key to prog-



event was judged by Dr. importance of empower-Shub Kumar, Head Department of Sanskrit, Dr. Kaiment of Mathematics and their potential. NSS prorole in nation building. Dr. Shub Kumar told vol- the globe are facing criti-Miss Meenakshi bakshi unteers that the youth of cal learning loss and emocompetition. Second posi- our world peaceful and the responsibility of everytion was shared by Nitish can strive for the world one to come together and Pansotra and Meenakshi we dream of. He said that prepare the youth to be Devi.Third position was "Youth are assets but in ambassadors and pioneers secured by Miss Shivani order to not become liawere acknowledged with really hard." Dr. Kailash ress and are the future of consolation prizes. The Sharma talked about the the world,".

ing the youth and creating opportunities and platforms for them to realize Sharma highlighted the importance of this day and said "Young people across of social change because

On 24th September 2023: NSS Day was celebrated in GDC Kathua



On 27th September: Cleanliness drive was conducted at Shaheedi Chowk, Kathua under "Swachhta hi Seva" campaign.

GDC Kathua organised cleanliness drive in statues located at Shahidi Chowk



witnessing the event to voluntarism. The focus of KATHUA, SEP 27 avoid single use plastic these swachhata drives Under Swachhata Hi Seva and polythene and to keep would be on high footfall (SHS) campaign, NSS their surroundings neat public places like bus (Volunteers of NSS Units of and clean Shopkeepers stands, railway stations, c

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On 7th October 2023: Amrit Kalash Yatra was organized



On 1st November to 7th November 2023: Vigilance Awareness Week was celebrated at GDC Kathua



On 26th November 2023: Constitution Day was celebrated in GDC Kathua



19th December 2023: Signature campaign was organized under Viksit Bharat Campaign



On 21st December 2023: Cleanliness drive was conducted in College premises



29th December 2023: Pledge was held for Road Safety Campaign



On 12th January 2024: National Youth Day was celebrated

NSS, NCC units of GDC, Kathua observe 'National Youth Day'

REFUGEE MESSAGE BUREAU tival 2024, being held at

NSS and NCC units of GDC, Kathua celebrated Nation-

An awareness lecture for the benefit of the on "Fundamental Rights" youth of the country. and Legal Services" in After the telecast of collaboration with District the event, National Youth resource person. Advo-cate Puneet Kumari delib-building. More than 100 erated on the government NSS volunteers along schemes for women and with other students of the Advocate Upasna Gupta college were present at shed the light on the fundamental rights enjoyed supervised by NSS proby the citizens of the

Nasik Maharashtra from 12-16, January, 2024 was also arranged in the col-lege Smart Class Room. Kathua celebrated Nation-lal Youth Day celebrated In the telecast, Honour-today on 12, January, able PM, Shri Narinder 2024. under the patron-age of the worthy princi- and urged them to strive pal of the college, Prof. for making India a super Seema Mir. Two separate power. He also apprised events were organised to pay rich tribute to Swami ernment schemes, MoU's Viscolananda, on his birth, with different countries. Vivekananda on his birth with different countries, anniversary . with different countries, implementation of NEP

Legal Service Authority . Day pledge was observed.

Advocate Puneet Kumari, Prof. Seema Mir, also District Legal Aid defence acdressed the students counsel and Advocate and encouraged them to Upasna Gupta, Panel register on My Bharat and lawyer DLSA were the My Gov portals and particular an Country.

A live screening of event was also graced by inaugural ceremony of various faculty members of the college.

On 25th January 2024: Voters Day was celebrated



On 27th to 29th January 2024: NSS volunteers participated in "Pariksha pe Charcha" campaign.



On 15th January to 13th February 2024: Awareness Campaign was conducted regarding 5th Road Safety Awareness Campaign.



On 15th & 16th February 2024: NSS Units GDC Kathua conducted Voters Awareness Campaign



On 4th March 2024: Symposium cum Pledge ceremony was organized under "Mera Phla Vote Desh K liye" campaign.



On 13th to 19th March 2024: NSS Units of GDC Kathua organized Winter Camp in adopted village Logate, District Kathua







Submitted by: NSS Units GDC Kathua