

CURRICULUM VITAE



DR. SHIVANI SAWHNEY
ASSISTANT PROFESSOR IN THE
DEPARTMENT OF HOME SCIENCE

Contact Information:

Email: Jaipal_shiv@rediffmail.com

shivani9419191387@gmail.com

Phone: 9419301717, 7889883646

Objective:

Dedicated and experienced Assistant Professor in the Department of Home Science, seeking opportunities for professional growth and academic excellence.

Education:

- **Ph.D. in Home Science** on topic

“Opportunities, Performance and Constraints Analysis of Women Entrepreneurs In Jammu”.

Desh Bhagat University Mandi Gobind Garh Punjab

- **Masters in Home Science**

Specialization :Community Resource Management and Extension (CRME)

University of Jammu, J&K ,2006

Thesis: AIDS-Knowledge and Information Needs od Adolescent Girls (16-18years) of Jammu.

- **Bachelor of Science in Home Science**

GCW Gandhi Nagar , Jammu , 2004

Work Experience:

- **Assistant Professor, Department of Home Science**

GDC Kathua

12th March 2024– till date

- **Assistant Professor, Department of Home Science**

GCW Gandhi Nagar Jammu

26th December 2016 – 11th March 2024

- **Worked as General Line Teacher in school Education department**

8th October 2012-26th December 2016

- **Worked as Lecture on Contract Basis in the GCW Parade**

September 2007-October 2012

Special Skills:

- Leadership
- Learning Strategies
- Teaching and Curriculum Development
- Develop and deliver engaging lectures in Resource Management and Design fundamentals, Personal Finance and Consumer Studies .
- Mentor and advise undergraduate and postgraduate students on academic and career matters.

Publications:

1. Sawhney, Ms Shivani, and Shashi Koul. "**AIDS–Knowledge and Information needs of Adolescent Girls (16-18 yrs) of Jammu.**" *Physiology* 71.68.6 (2011): 74.
2. Sawhney, Shivani, and Shashi Kaul. "**Preference of media for imparting AIDS education among adolescent girls (16-18 years).**" *Int JSci Res Publ* 2 (2012): 1-6.
3. Sawhney, Shivani, and Iesha Sharma. "**Challenges Faced by Students in Online Classes during Covid-19.**" *IJRAR-International Journal of Research and Analytical Reviews (IJRAR)* 9.2 (2022): 83-90.
4. Shivani Sawhney , **Career Opportunities In Home Science** , JETIR, July 2021
5. Sawhney, Shivani. "**Socio-Cultural Insight of Gujjar and Bakerwal in Jammu and Kashmir.**" *Quest Journals Journal of Research in Humanities and Social Science* Volume 10 ~ Issue 1 (2022)pp: 42-47 ISSN(Online):2321-9467.

6. Dr. Ramandeep Kour and Shivani Sawhney “**Crime Against Children in Cyber World: A Comprehensive Review**” International Journal of Applied Home Science.2023.
7. Shivani Sawhney, **Impact of Nutraceuticals on Health and Disease Prevention: A Comprehensive Review**, A global journal of Interdisciplinary Studies, 2023
8. Shivani Sawhney, **Impact of Nutraceuticals on Health and Disease Prevention: A Comprehensive Review**, A global journal of Interdisciplinary Studies, 2023.
9. Shivani Sawhney, Dr. Ritu ”**Empowering Women Entrepreneurs In Jammu Unveiling Opportunities And Key Competencies.**” IOSR Journal of Business and Management.
10. Shivani Sawhney, Dr. Ritu “**Understanding the Diverse Constraints and Challenges Faced by Women Entrepreneurs in India and the Path Ahead**” Quest Journal of Research in Business and Management”, ISSN (Online): 2347-3002, Volume-12, Issue-2, Page No.: 101-106, [2024].

Book chapter published:

1. Chapter titled “**Role of Home Science in Nurturing Start-ups and Entrepreneurship**” published in book current trends in Home Science (vol-2) ISBN 978-93-6233-903-4

Professional Memberships:

Life Time Member, Home Science Association of India

Refresher courses attended:

1. ARPIT course for CAS(Professional development Of Home Science . 1st Dec 2020
2. Advanced research methodology tools and techniques . 30th January,2021-14th February.
3. Online Certificate course cum workshop of 10 days on “ Exploring the power of CHAT GPT: Enhancing Communication and learning”, 1-09-2023 to 10-9-2023

Conference/Workshop/Seminar attended:

S. No.	Event Date	Event	Organizer
1. 1	26th–28th Feb 2019	6th JK Women Science Congress	JK State Science, Technology & Innovation Council, DST, J&K
2.	11th–12th Jan 2022	National Webinar on Creating Food and Nutrition Security for a Sustainable Future	Faculty of Ocean Science and Technology, Kerala University of Fisheries
3.	14th–15th Jan 2022	NAAC-Sponsored Seminar on Internal Quality Assessment Systems in the New Normal	Sir Vithaldas Thackersey College of Home Science
4.	27th–28th Jan 2022	Virtual International Conference on Nutraceuticals and Functional Foods for Human Health	MSc IFT Department of Home Science, Sri Padmavati Mahila Vishwavidyalayam
5.	3rd–4th Feb 2022	National E-Webinar on Traditional Textiles of India	Banki College
6.	11th Feb 2022	National E-Conference on Human Relationships in Society and Literature: Pre and Post Pandemic	-
7.	3 rd and 4 th March, 2022	International webinar on climate change and future challenges	St. Mary's college, Tamil Nadu
8.	5th–6th March 2022	Two-Day National-Level Workshop on IPR, Patents, and Copyrights	Central University of Haryana and Skill Slate Foundation
9.	8th March 2022	National-Level E-Symposium on Food Diversification – The Way Forward	Department of Clinical Nutrition and Dietetics, SDNB Vaishnav College, Madras
10.	11th–20th March 2022	Online Certificate Course cum Workshop of 32 Hours (A Grade)	SD College, Ambala Cantt
11.	20th–26th April 2022	International Short-Term Training Programme on Impact and Panacea of Environmental Pollution	Raj Rishi Govt. Autonomous College, Alwar, Rajasthan
12.	28th–29th April 2022	II International Conference on Emerging Trends in Food Processing Sectors	PG Department of Food and Nutrition, Bishop Heber College, Tiruchirappalli

13.	22nd May 2022	International E-Conference on Biological Diversity	Research and Development Cell, Government PG College, Rajouri
14.	26th May 2022	National Webinar on Intellectual Property Rights	Department of Management Studies, Shree Bhagwan Mahaveer Jain College
15	29th May 2022	International Workshop on Scopus Citations and Referencing Using Mendeley	Blue Crest University, Liberia, and Research India Foundation
16	01-09-2022 to 06-09-2022	5 days faculty development programme “ Health, Science and Community”	Desh Bhagat University .
17	7th to 10th December 2022	4 days workshop in connection with competency based questions	Organized by JKBOSE
18	12th to 16th December 2022	Faculty development program on Govt web portals and IT tools	IQAC and IT dept of GCW Gandhi Nagar.
19	20th Jan 2023	Seminar on Institutional Preparedness for NEP-2020	Hindu Kanya College, Kapurthala, Punjab
20	2nd March 2023	National IPR Training Programme	Intellectual Property Office, India
21	15th June 2023	One-Day National Seminar on Innovation, IPR, and Entrepreneurship	Desh Bhagat University, Punjab; Sponsored by ICSSR North-Western Regional Centre, PU Chandigarh
22	20th April 2023	International Seminar on Child Rights: Issues and Challenges	IQAC, GDC, Basohli (JKUT)
23	1-09-2023 to 10-9-2023	Online Certificate course cum workshop of 10 days on “ Exploring the power of CHAT GPT: Enhancing Communication and learning”,	SD College Ambala Cantt
24	27th Feb 2024	ICSSR-Sponsored International Seminar on Sustainable Development in India	SD College, Chandigarh